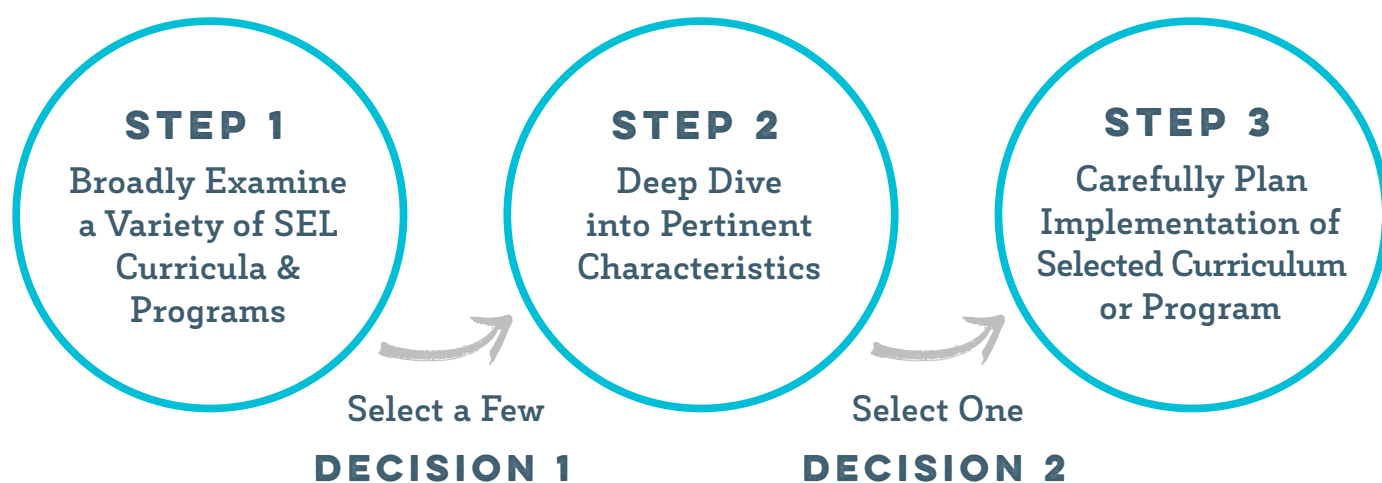

A PORTFOLIO OF EVIDENCE-BASED **SOCIAL-EMOTIONAL LEARNING (SEL) CURRICULA AND STRATEGIES FOR LOUISIANA**



Nationally, there is growing recognition of students as knowledgeable citizens who will be proactive in their communities, including their abilities in thinking (cognitive), feeling (affective or emotional), and interacting with others (social). Recent research demonstrates that to be successful in adult life, students must master not only core academics (literacy, numeracy, etc.) but also master social emotional skills and a mindset that embodies a good citizen (Bock, 2015). Socio-emotional functioning of students, a non-academic component of schooling, is inextricably intertwined with academic functioning.

The purpose of this portfolio is to provide a tool for educators and others to examine within a multi-tier system of supports (MTSS) the array of social-emotional learning curricula and strategies available and make appropriate selections for more detailed review leading to use in schools. This portfolio should be used by school system and school teams as they consider how best to integrate social-emotional learning into the strategies, instructional routines, and interventions the school will implement and serves as the first step in a three step decision process leading to determining what social emotional learning curriculum to use. The second step is examining the specifics of a few promising curricula or programs that appear most appropriate given the particular characteristics of a school system or school using the definition of evidence-based practices in the Every Student Succeeds Act (ESSA) (Hale et al, 2017). The third step is planning implementation of a selected curriculum or program.



SOCIAL AND EMOTIONAL LEARNING (SEL)

Social and emotional learning (SEL) is defined as “the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions” (CASEL, 2017). SEL can enhance students’ capacity to integrate cognition, affect, and behavior to effectively manage and respond to daily tasks and challenges. As part of fostering social and emotional competencies, the Collaborative for Academic, Social, and Emotional Learning (CASEL) posits five domains that include “knowledge, skills, and attitudes that comprise intrapersonal, interpersonal, and cognitive competence” (Weissberg, Durlak, Domitrovich, & Gullota, 2015). These domains are (1) self-awareness, (2) self-management, (3) social awareness, (4) relationship skills, and (5) responsible decision making. Knowledge and skill acquisition within the five domains is a learning process, keeping in mind that school is a primary environment where exposure, opportunities to practice, and opportunities to receive feedback take place. At a classroom level, SEL can be explicitly taught to students by staff using a curriculum or program. However, SEL should also be implicitly delivered through appropriate changes in practices by the teacher in classroom structure, relationships, and positive classroom environments (PBIS, CHAMPS, etc.).

FRAMEWORK FOR CONSIDERING SOCIAL AND EMOTIONAL LEARNING (SEL)

MTSS is designed to respond to the academic and social-emotional needs of students by providing gradations or tiers of services. Schools that achieve sustained high performance for all students, including students with disabilities, have been shown to employ a multi-tier system of supports (MTSS) that includes the following components:

- Periodic universal screening of all students for academic and social-emotional needs
- Collaborative data-based decision making that uses data, including screening and progress monitoring, to inform instruction and interventions
- Academic and social emotional curricula aligned to standards that address the needs of all students, including students with disabilities (Tier 1)
- Evidence-based interventions for students that struggle in routine instruction and social emotional behaviors (Tiers 2 & 3)
- Frequent progress monitoring of interventions to facilitate any needed adjustments and data-based decision-making

Without a multi-tier system of supports operating in each school-site, many students that struggle will escalate in needs and schools will experience increasing severity in unexpected behavior challenges. Fundamental to the conception of multiple tiers is the premise that all students receive instruction in the general curriculum (academic and social-emotional behaviors) (referred to as Tier 1). Inevitably, some students will struggle in academics and/or exhibit challenging behaviors and need supplemental social-emotional intervention supports (Tier 2), implemented with fidelity. For students who do not respond to Tier 2 interventions or for whom the level of need is profound, more intensive social-emotional intervention supports should be implemented (Tier 3). Progress of all students in social-emotional learning is formally assessed at least two times during the year (universal screening). Students receiving Tier 2 and/or Tier 3 SEL interventions are assessed for progress more frequently (progress monitoring).

USE OF ASSESSMENT OF SEL

When initiating the use of a social emotional learning curriculum or program, it is appropriate to first screen for all students' functioning in the five competencies of SEL. Screening can include an analysis of general measures of student behavior such as tardies, attendance, and discipline referrals. School climate measures can also inform teachers and others about the status of SEL in the classrooms and school. Some SEL curricula and programs offer unique assessments to check for skill attainment and/or learning. SEL program-specific assessments may help inform the overall functioning of multi-tiered system of supports.

In school settings, SEL assessment tools can serve screening, formative (progress monitoring), and summative purposes. Screening should be brief, efficient, and assess indicators of skill development. Screening provides a snapshot in time to determine which students need more targeted assessment (i.e., a functional behavioral assessment (FBA) to determine specific skill deficits or support is needed). Systematic behavior screeners (rating scales) can be completed by teachers to detect a range of behavior support needs (McIntosh & Goodman, 2016).

Students who receive Tier 2 or 3 SEL supports receive formative assessments (progress monitoring) that provide real time information as to how a student is progressing in acquiring SEL and an opportunity to involve the student in feedback. Summative assessments for SEL can utilize pre and post measures to determine student response to the programming available.

USE OF THIS PORTFOLIO

The intent of this portfolio is to provide a description of curricula/programming suitable for deeper examination and possible implementation. Due diligence should also be given to examining system readiness, existing resources and supports within the system, as well as goodness of fit for any curriculum/program chosen (Step 2 and decision 2). Once an SEL curriculum or program is selected based on goodness of fit for a particular district or school, careful planning for implementation must be conducted (Fixen, et al, 2005).

In summary, central to the consideration of social emotional learning is the well-documented knowledge that academic performance and social emotional functioning are inextricably intertwined. This portfolio is designed to help schools examine school processes that support students becoming good citizens.

CURRICULUM/PROGRAM: Al's Pals

PUBLISHER/COMPANY: Wingspan, LLC (<http://wingspanworks.com/>)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Pre-Kindergarten–3rd Grade

PURCHASING/CONTACT INFO: Susan Geller, Founder and President, (804) 967-9002, Fax: (804) 967-9002, <http://wingspanworks.com/contact-us/>, sgeller@wingspanworks.com

PROGRAM OVERVIEW

Description

Al's Pals: Kids Making Healthy Choices is a resiliency-based early childhood curriculum and teacher training program that develops social-emotional skills in children 3 to 8 years old. Through engaging lessons and explicit instruction, Al's Pals teaches children how to identify and express feelings appropriately, use kind words, establish positive relationships, use self-control, think flexibly, accept differences, solve problems peacefully, cope, and make safe and healthy choices.

The program incorporates social and emotional learning concepts into academic content areas typically taught in early childhood. Through training and implementation, teachers enhance their abilities to establish an accepting, cooperative classroom environment that fosters caring, respect, and social-emotional growth and development. Letters and information are sent home to families to reinforce skill learning initiated at school.

Area of Focus

- Relationship skills a
- Social awareness
- Self-control
- Positive communication
- Acceptance of differences
- Responsible
- Healthy decision-making
- Conflict resolution

Instructional Methods

- Explicit skill instruction
- Teacher instructional practices

Sequence

- 46 core lessons with 9 booster sessions, implemented twice a week, lasting approximately 15 minutes

PROFESSIONAL DEVELOPMENT

Initial core training for Al's Pals is required and is conducted either on-site, for 2-day face-to-face training or via a series of four live online sessions, each lasting 2.5-3 hours.

EVALUATION/ASSESSMENT TOOL

Evaluation/Assessment Tool: Complimentary fidelity monitoring instrument is provided. Optional outcome evaluation services are available on a contract basis with Wingspan to assess the program's local impact.

COST

Al's Pals: Kids Making Healthy Choices Training Options:

Face-to-Face Two-Day On-Site Training

(scheduled to accommodate the school's schedule) - 2 options:

1. Standard On-Site Two-Day Training for a group of up to 30 people:
Flat fee of \$8,500
2. Small Group On-Site Two-Day Training for a group of up to 24 people:
Flat fee of \$6,800

***Optional supplemental package for up to 3 additional training slots:
\$800 per package*

Face-to-Face Open Enrollment Two-Day Training session - schools can register individuals to attend an Open Enrollment Training session in centralized locations arranged by Wingspan. Training fee of \$325 per person.

Live Online Training

Private Online Training for a specific school or district -

four sessions conducted over several weeks (scheduled to accommodate the school's schedule)

- Standard Private Online training for a group of up to 15 people:
Flat fee of \$4,500

***Optional supplemental package for up to 2 additional training slots:
\$600 per package.*

Open Enrollment Online Training - schools can register individuals to participate in a series of online training sessions scheduled by Wingspan. Training fee of \$325 per person.

Refresher or Advanced Training (optional)

- Face-to-Face on-site 3-hour Refresher or Advanced training for a group of up to 30 people. Flat fee of \$1,500
***\$25 per person over the 30 people*

- Private online Refresher or Advanced training for a group of up to 20 people. Flat fee of \$1,300

- Private online Refresher or Advanced training for a group of up to 12 people. Flat fee of \$1,000

*** Optional supplemental package for up to 2 additional training slots:
\$100 per package*

AI's Pals Curriculum Kit - for use in preschool-1st grade. Each classroom needs its own kit distributed upon completion of training. \$795 per kit plus shipping/handling. The kit lasts for many years, with very few consumables. Spanish materials for communicating with families are available for purchase.

AI's Pals Booster Curriculum Kit - for use in 2nd or 3rd grade to reinforce the concepts taught in the core curriculum. \$285 per kit plus shipping/handling.

Booster trainer's manual for an AI's Pals educator to train 2nd or 3rd grade teachers.

- \$100 plus shipping/handling.

******The school system sponsoring on-site face-to-face training is responsible for providing training facilities, audio-visual equipment, participant food, shipping/handling, and trainer travel expenses, in addition to the training fees above.*

CURRICULUM/PROGRAM: Building Assets Reducing Risk (BARR)

PUBLISHER/COMPANY: Hazelden Publishing (part of the Hazelden Foundation) (<https://www.hazelden.org>)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: 6th-10th Grades

PURCHASING/CONTACT INFO: Jennifer Urciaga, 651-213-4875, <http://www.barrcenter.org/>, http://www.hazelden.org/web/public/building_assets_reducing_risks.page, jurciaga@hazeldenbettyford.org

PROGRAM OVERVIEW

Description

Building Assets Reducing Risks is an organizational approach to promoting social and emotional learning in students. This model has teachers focus on building relationships with students in order to leverage their strengths and identify areas for growth. The model uses eight complimenting strategies to build relationships, use data, and achieve quality outcomes for all students. The strategies are 1) focus on the whole student, 2) provide professional development to staff, 3) use BARR's I-Time curriculum, 4) create cohorts of students, 5) regularly meet with cohort teacher teams, 6) conduct risk review meetings, 7) engage families, and 8) engage administrators.

BARR also provides a set of activities for relationship building between teachers and students called I-Time. I-Time is a 30-60 minute weekly lesson that students experience with their cohort teams in addition to the school curriculum. The lessons are facilitated by the cohort's core subject teachers. The I-Time social-emotional focus helps students build relationships with each other as well as their teachers. In addition, I-Time allows for focus and development of various life and social-emotional skills, such as communication, empathy, goal setting, identity development, dealing with grief/loss, and substance use.

Area of Focus

- Building Relationships
- Enhancing Social-Emotional Learning
- Improving School Climate

Instructional Methods

- Direct Instruction
- Skills Practice

Sequence

- 1 lesson per week lasting approximately 30-60 minutes

PROFESSIONAL DEVELOPMENT

According to the program's recommended implementation model, BARR's professional development takes place over three years. During that time BARR offers a total of six days of onsite training (two days per year) with additional monthly phone calls for technical assistance with each school's assigned BARR educator/trainer as well as two additional onsite technical assistance and coaching visits each year. Trainers call once a month to check on implementation progress and offer technical assistance on barriers to implementation and other issues as needed. The designated point person for the school facilitates the team meetings and acts as the primary liaison with BARR staff and the school's administration. A Train the Trainer model is available to aid with sustainability. Schools are invited to and encouraged to attend the annual BARR National Conference. These conferences provide an opportunity to connect with other BARR schools, learn ongoing strategies for effective teaching and learning, engage with diverse, dynamic, and prominent keynote speakers in the field.

EVALUATION/ASSESSMENT TOOL

No Information Provided

COST

Initial BARR implementation costs \$150,000 over the course of three years. Those costs are broken down into annual costs of \$50,000 per year, which includes all of the aforementioned professional development, coaching, training, and materials.

CURRICULUM/PROGRAM: Caring School Community

PUBLISHER/COMPANY: Center for the Collaborative Classroom (<https://www.collaborativeclassroom.org/store/>)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Kindergarten–8th Grade

PURCHASING/CONTACT INFO: Center for the Collaborative Classroom, 1-800-666-7270, <https://www.collaborativeclassroom.org/programs/caring-school-community/>, clientsupport@collaborativeclassrooms.org

PROGRAM OVERVIEW

Description

Building caring relationships is at the core of a successful learning community. The Caring School Community program helps to foster relationships among the students, school staff, and parents that are characterized by genuine warmth and interest. Students and adults spend time getting to know and appreciate one another. They learn about others' interests, opinions, and ideas, and they learn to treat one another with care and respect. The program helps strengthen the students' sense of belonging at school and their relationships in many active and varied ways, including:

- Daily Morning and Closing Circle (K–5) activities, in which students get to know each other, work together, and practice social skills; Circles include games, songs, read-alouds, quick-writes, and discussions that build community and social skills.
- Weekly Friday Choice Time (2–5), during which students have a chance to work with others on their choice of engaging activities
- Advisory Meetings (6–8), which include opportunities for students to engage in lively discussions on relevant topics while deepening their understanding of themselves and others; Advisory includes weekly opportunities for students to meet one-one-one with their advisory teacher to discuss how things are going both socially and academically.
- Weekly random pairing of students, which helps them learn to work and solve problems with many different kinds of people.
- Weekly class meetings, in which students address common concerns and current issues, and in the process learn to understand issues from others' perspectives, have empathy for how others are feeling, and reach agreement as a class
- The use of cooperative structures such as “Turn to Your Partner” and “Heads Together” that give students meaningful and engaging ways to work with others

- Developing relationships beyond the classroom by getting to know older or younger buddies and people who work in the school
- Weekly home connection activities that help students talk with family members about the social development focus of the week

A key component of the Caring School Community program that highlights active learning and opportunities to practice SEL skills is the Cross-age Buddies Activity Book. The Buddies program has grown out of the experiences of hundreds of teachers and children in schools nationwide, all of whom have worked with Center for the Collaborative Classroom over the past two decades to build caring communities in their schools. The Buddies program pairs students in classes separated by at least two grade levels. It brings them together once or twice a month to do activities in which every student engages with an older or younger buddy with whom he or she has a special relationship. The Cross-age Buddies Activity Book provides guidance for launching and implementing the program and includes activities that help buddies get to know each other and learn together. This component also includes guidance for designing customized buddies activities and communicating with families about buddies.

Area of Focus

- Building community
- Setting classroom norms and goals
- Planning and decision making
- Problem solving
- Understanding and empathizing with other students
- Discipline

Instructional Methods

- Discussion
- Didactic Instruction
- Skill Practice
- Visual Displays

Sequence

- 28–30 weeks of instruction depending on grade level implemented throughout the year, 5 lessons per week

PROFESSIONAL DEVELOPMENT

Initial training for the Caring School Community program typically lasts half a day to two full days and is not required. Caring School Community provides a substantial level of implementation support for both classroom teachers and principals within the materials. The intentional design of the daily lessons provides guidance for teachers as they implement the Morning and Closing Circles (K-5), Class Meetings (2-5), and Advisory Lessons (6-8). The Teacher's Manual includes professional development at the point of need by offering suggestions for enhanced facilitation techniques, classroom management, and support for whole-class as well as individual student discipline.

EVALUATION/ASSESSMENT TOOL

Class Assessments provide opportunities for the teacher to randomly observe students interacting during Morning Circle and throughout the day, and to consider particular questions that focus their observations. The Individual Student Assessment is designed to assess how well each student is learning and applying the social skills taught in the program. The Individual Student Assessment Record sheet allows the tracking of each student's use of the social skills over time and how well the student is integrating the values of responsibility, respect, fairness, caring, and helpfulness. The Principal's Leadership Guide includes assessment tools designed to help assess changes over time in two broad areas: school climate and culture and program implementation. The guide includes a School Climate Survey to be completed by all staff. In addition, there are questionnaires for students, faculty, support staff, and parent/family members to assist in assessing the school climate and culture.

COST

Recommended use includes the Teacher's Package for every classroom teacher (grades K-8) and one Principal's Package per site. Standard payment terms are Net 30. No early payment terms are available. The pricing below is for one Teacher's or Principal's Package.

- CSC, 2e., Teacher's Package Gr. K.....\$150
- CSC, 2e., Teacher's Package Gr. 1.....\$150
- CSC, 2e., Teacher's Package Gr. 2\$150
- CSC, 2e., Teacher's Package Gr. 3\$150
- CSC, 2e., Teacher's Package Gr. 4\$150

- CSC, 2e., Teacher's Package Gr. 5\$150
- CSC, 2e., Teacher's Package Gr. 6\$150
- CSC, 2e., Teacher's Package Gr. 7.....\$150
- CSC, 2e., Teacher's Package Gr. 8\$150
- CSC, 2e., Principal's Package Gr. K-5\$125
- CSC, 2e., Principal's Package Gr. 6-8.....\$125

Shipping Costs

Price estimates do not include shipping. Standard shipping rates are as follows:

- Orders under \$30—add \$5
- Orders from \$30 to \$100—add \$7
- Orders over \$100—add 8% of the materials subtotal
- Orders over \$10,000 shipping to one location—add 4% of the materials subtotal
- Orders over \$25,000 shipping to one location—free shipping
- Orders outside the U.S.—rate varies by location, minimum \$10

Professional Development Costs

Collaborative Classroom provides access to several complimentary resources that can be used by individual teachers or can be facilitated by site or district personnel for ongoing support throughout the year. Complimentary supports include items such as Inside the Collaborative Classroom resources, videos, and webinars.

In-person and virtual professional development costs will be negotiated with based on district needs. Standard rates for professional development are:

- **Regular rate:** \$2,600 per day/per consultant (includes travel expenses)
- **Virtual sessions:** \$150 per hour or \$800 per 6-hour day
- Complimentary days may be included in the professional learning plan, based on the district's purchase

CURRICULUM/PROGRAM: Character First

PUBLISHER/COMPANY: Character First Education (<http://characterfirsteducation.com/c/shop.php>)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Kindergarten-12th Grade differentiated by K-5 and 6-12

PURCHASING/CONTACT INFO: Character First Education, 1-877-357-0001, <http://www.characterfirsteducation.com/c/>, orders@strataleadership.com

PROGRAM OVERVIEW

Description

Character First is a K-12 character education curriculum designed to build positive social values. This is accomplished by helping students develop a vocabulary of character traits and apply them to everyday situations. The lessons include 3 sections: introduction to the character trait, a discussion and practice of five learning objectives related to that trait, and a connection to real life that uses examples from history to highlight that trait in action. Lesson guide includes a take-home Family Connection worksheet.

The program offers two additional offerings:

Engage: A bully prevention curriculum is a research-based curriculum to teach grades 5-12 how to identify, prevent, and respond to bullying.

Embark: The Journey to Effective Leadership is a comprehensive, research based program to develop and grow the leadership potential of each and every student. Approaching leadership from the inside out, Embark seeks to capture the heart to change the culture.

Area of Focus

- | | | |
|-----------------|----------------|------------------|
| • Attentiveness | • Enthusiasm | • Orderliness |
| • Availability | • Flexibility | • Patience |
| • Compassion | • Forgiveness | • Respect |
| • Conservation | • Gratefulness | • Responsibility |
| • Courage | • Honesty | • Self-control |
| • Determination | • Loyalty | • Wisdom |
| • Diligence | • Obedience | |

Instructional Methods

- Discussion
- Art/creative projects
- Books/stories
- Visual displays

Sequence

- 1 trait per month with one lesson a week lasting approximately 20 minutes.

PROFESSIONAL DEVELOPMENT

Character First Education provides as-need Professional Development training related to the following topics:

- Building a Better Student,
- Trust in the Classroom,
- Energizing and Engaging Students, and
- Classroom Management.

The classes can be presented in a 2-4 hours session on site or at an off-site location as needed.

EVALUATION/ASSESSMENT TOOL

Character First does not currently have a resource to be used by schools for assessment or evaluation.

COST

Elementary classroom packs which include Teacher's Curriculum, Classroom Poster and 25 Character Cards are priced at \$22.99. If a school decides to focus on 9 character qualities each year, the per-classroom cost would be \$207. If there are 20 classrooms, that cost is just over \$4,000. Most schools choose a smaller number of qualities for the year so the price will likely be less. The curriculum is also available in individual pieces so schools can choose to just purchase the Teacher's Curriculum booklets at \$9.99 each, Posters at \$2.99 each or Character cards at 49 cents each. There is a very robust FREE online component to the elementary curriculum.

The Engage Bully Prevention curriculum is priced at \$299 for one Teacher's Edition curriculum binder. This price also includes a digital version of the curriculum that schools can use to print as many copies as need for use in their own school. A district with multiple middle and high schools would need to purchase one set of the curriculum for each school. So providing this item to 10 schools would cost \$2,990.

The Embark Leadership curriculum is also priced at \$299 for one Teacher's Edition curriculum binder. This price also includes a digital version of the curriculum that schools can use to print as many copies as needed for use in their own school. A district with multiple middle and high schools would need to purchase one set of the curriculum for each school. So providing this item to 10 schools would cost \$2,990. Embark also has a Student Edition workbook which is priced at \$29.95 or for \$495 you can purchase the digital version and print copies as needed for the school. Professional development training is \$1,295 for a 2 to 4 hour session. If two sessions are presented the same day, the second session is \$895 for a full day total of \$2,190. This price includes all workshop materials. Travel cost will be charged at cost for flight, hotel, car, meals, etc.

CURRICULUM/PROGRAM: Circle of Education

PUBLISHER/COMPANY: Delibrainy, LLC (<http://circleofeducation.com>)

TIER/PRIORITY LEVEL: 1, 2, & 3

GRADE LEVEL: Pre-Kindergarten-1st Grade

PURCHASING/CONTACT INFO: Lidor Ritblatt Shuster, 858-746-7018, <http://circleofeducation.com/about/contact-us/>, lrblatt@delibrainy.com

PROGRAM OVERVIEW

Description

Circle of Education utilizes teaching practices, academic integration, and free-standing SEL lessons to support social and emotional learning. The program is structured around an “SEL Wellness and Readiness” framework. The program consists of eighteen thematic modules called “EduPods.” This gives developmentally appropriate instruction that is presented through play-based learning (puppets, music, books, hands-on activities, etc).

Lessons focus on developing skills to understand and recognize feelings, solve problems, share, and work together with others. While Circle of Education materials suggest that teachers may implement the lessons they believe to be most relevant at the time, they recommend that teachers introduce and teach all skills throughout the year. Circle of Education modules also integrate SEL into academic content through lessons in art, dramatic play, language and literacy, math, music and movement, science, and social science. During these lessons, there are opportunities for students to practice and explore social and emotional competencies through activities that promote self-reflection, cooperation, and communication. One notable aspect of the lessons is the robust support for school and family connections, as each EduPod lesson has a corresponding ParentPod™ activity offered in Spanish and English.

Circle of Education also provides a module for Behavioral Health Specialists and teachers to support students needing additional support. This includes activities for large and small groups, as well as one-on-one time with students around seven themes: self-awareness, self-esteem, diversity, emotions, relationship building, dealing with change, and controlling my temper.

Area of Focus

- Feelings
- Problem-solving
- Cooperation
- Self-awareness
- Self-esteem
- Diversity
- Relationship building
- Dealing with change
- Self-regulation

Sequence

- 162 lessons structured into 18 modules (EduPods)
- For Tiers 2 and 3: 42 lessons structured into 7 themes (In the Circle Behavioral Health Program Module)

Instructional Methods

- Didactic
- Skills review
- Activities such as puppetry and music activities
- Utilizing books
- Expression cards
- Educational animation
- Puppetry

PROFESSIONAL DEVELOPMENT

Circle of Education provides school based curriculum training that is tailored to meet the needs of the school/district and their staff. The program offers three different training options that integrate different components and resources. Additionally, professional development on numerous topics is available to accompany any training option.

Option #1

EduPod Module Implementation (Tier 1) and/or In the Circle (Tiers 2 and 3):

1. Circle of Education® Program related Professional Development up to 75 participants: 2 hours
2. EduPod module Implementation & Training: 4 hours including In the Circle (if Module option is selected)
3. Teachers and director Reflective Coaching: 2 hours

Included: Training Material Up to 75 participants, Travel Expenses Up to 75 participants per session

Facilities, Audio and Video provided by School district.

Option #2

EduPod Module Implementation (Tier 1) and/or In the Circle (Tiers 2 and 3):

1. Circle of Education® Program related Professional Development up to 75 participants: 4 hours
2. EduPod module Implementation & Training Large Group up to 75 participants: 4 hours
3. EduPod module Implementation & Training Small Group up to 25 participants: 6 Hours including In the Circle (if Module option is selected)
 - Small Group A: 2 hours
 - Small Group B: 2 hours
 - Small Group C: 2 hours
4. Teachers and director Reflective Coaching: 2 hours

Included: Training Material Up to 75 participants, Travel Expenses

Facilities, Audio and Video provided by School district.

Option #3:

EduPod Module Implementation (Tier 1) and/or In the Circle (Tiers 2 and 3):

1. Circle of Education® Program related Professional Development up to 75 participants: 4 hours
2. EduPod module Implementation & Training Large Group up to 75 participants: 4 hours
3. EduPod module Implementation & Training Small Group up to 25 participants: 6 Hours including In the Circle (if Module option is selected)
 - Small Group A: 2 hours
 - Small Group B: 2 hours
 - Small Group C: 2 hours
4. Teachers and director Reflective Coaching: 2 hours
5. Train The Trainer up to 20 participants: 8 hours

Included: Training Material Up to 75 participants, Travel Expenses

Facilities, Audio and Video provided by School district.

Training can be provided in-person on-site, on-site virtually, and off-site. After the trainings, teachers will also have access to four webinars around different themes and milestones in the program. These can be tailored to the needs of the particular site and are designed to assist in both implementation and execution of the Circle of Education program.

Additional professional development and off-site training options include:

1. Online pre-recorded module training webinar (1 hour each)
2. Live Web Based training (recorded sessions are available for follow-up)
3. Virtual coaching sessions for trainers or teachers/administrators
4. Online pre-recorded professional development training webinars such as: what is social emotional development and how to support behavior regulation in the classroom, academic development in early childhood and preparing for the transition to kindergarten

EVALUATION/ASSESSMENT TOOL

The organization has a post training survey which measures the effectiveness of training and supports. This tool is provided to all teachers/administrators following the initial training sessions as well as throughout the program implementation (at 3, 6, and 12 months). The tool measures the level of satisfaction with the training, resources, program content, and support.

COST

Below are details of the costs associated with the purchase, implementation, and training of the Circle of Education program for a school site or district:

EduPod Module

- EduPod Module Printed Edition
(Company recommends 1 set per classroom)..... \$1,167.99
- EduPod Module Digital Edition Single License - Annual
(Company recommends 1 license per classroom)..... \$177.99
- EduPod Overview/Implementation Guide
(Company recommends 1 per teacher) \$66.99
- Annual License Renewal (per user)..... \$99

ParentPod™ Family Engagement Module

- ParentPod™ Module Printed Edition
(Company recommends 1 set per site)..... \$1,539.99
- ParentPod™ Digital Edition Single License - Annual
(Company recommends 1 license per classroom)..... \$177.99
- Single Site Reproduction License for ParentPod™
(Company recommends 1 per site)..... \$899.99
- ParentPod™ Overview/Implementation Guide
(Company recommends 1 per teacher) \$66.99
- Annual License Renewal (per user)..... \$99

In the Circle Behavioral Health Module

- In the Circle Module Printed Edition (Company recommends 1 per Behavioral Health Specialist/classroom)..... \$499.99
- In the Circle Module Digital Edition Single License - Annual
(Company recommends 1 license per classroom)..... \$177.99
- In the Circle Overview/Implementation Guide
(Company recommends 1 per specialist/classroom) \$66.99
- Annual License Renewal (per user)..... \$99

Training/Professional Development

Option #1: 1 Day (8 hours) \$2,800

EduPod Module Implementation (Tier 1) and/or In the Circle (Tiers 2 and 3):

1. Circle of Education® Program related Professional Development up to 75 participants: 2 hours
2. EduPod module Implementation & Training: 4 hours including In the Circle (if Module option is selected)
3. Teachers and director Reflective Coaching: 2 hours

Included: Training Material Up to 75 participants, Travel Expenses Up to 75 participants per session

Facilities, Audio and Video provided by School district.

Option #2: 2 Days (16 hours) \$5,000

EduPod Module Implementation (Tier 1) and/or In the Circle (Tiers 2 and 3):

1. Circle of Education® Program related Professional Development up to 75 participants: 4 hours
2. EduPod module Implementation & Training Large Group up to 75 participants: 4 hours
3. EduPod module Implementation & Training Small Group up to 25 participants: 6 Hours including In the Circle (if Module option is selected)
 - Small Group A: 2 hours
 - Small Group B: 2 hours
 - Small Group C: 2 hours

4. Teachers and director Reflective Coaching: 2 hours

Included: Training Material Up to 75 participants, Travel Expenses
Facilities, Audio and Video provided by School district.

Option #3: 3 Days (24 hours) \$7,000

EduPod Module Implementation (Tier 1) and/or In the Circle (Tiers 2 and 3):

1. Circle of Education® Program related Professional Development up to 75 participants: 4 hours
2. EduPod module Implementation & Training Large Group up to 75 participants: 4 hours
3. EduPod module Implementation & Training Small Group up to 25 participants: 6 Hours including In the Circle (if Module option is selected)
 - Small Group A: 2 hours
 - Small Group B: 2 hours
 - Small Group C: 2 hours

4. Teachers and director Reflective Coaching : 2 hours

5. Train The Trainer up to 20 participants: 8 hours

Included: Training Material Up to 75 participants, Travel Expenses
Facilities, Audio and Video provided by School district.

Additional PD and Training

1. Online pre-recorded module training (1 hour webinar): FREE
2. Live web-based training: \$125 per hour
3. Semi-annual onsite selected module follow-up and coaching including train the trainers and classroom teacher implementation follow-up. Travel expenses and materials included (up to 30 participants). 1 Day (8 hours) \$2,700

CURRICULUM/PROGRAM: Connect with Kids Program (CWK)

PUBLISHER/COMPANY: Connect with Kids Network (<http://connectwithkids.com/>)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: PreK-12th Grade

PURCHASING/CONTACT INFO: Gary DeWitt, 1-888-598-KIDS, <http://connectwithkids.com/contact-us/>, dewitt@cwknetwork.com

PROGRAM OVERVIEW

Description

Connect With Kids Network uses the art of storytelling, the Mutual Aid methodology (Alex Gitterman, Ed.d and Carl Germain, Ed.d The Life Model of Social Work Practice), and See-Feel-Change strategies (John Kotter, The Heart of Change) to inspire positive behavior and motivate social action. CWK materials cover a range of topics in SEL (social and emotional learning), social justice, restorative practices, and mental health. The company uses a research-proven, peer-to-peer production model that allows students and adults to connect through the power of real-life stories and video, supported by developmentally appropriate discussions, reflection pages, activities, and lessons. The program includes school-wide, parent, and community components.

Also available for an additional fee: CWK Arts Integrated Curriculum (music and/or visual arts) and/or a five-day tobacco, drug and alcohol prevention curriculum (Refuse, Remove, Reasons) for high school.

Area of Focus

- SEL
- Pro-social attitudes and behaviors
- Social justice
- Restorative practices
- Mental health
- Character education

Instructional Methods

- Skill practice
- Games
- Activities
- Documentary videos
- Discussion
- Lessons
- Reflection pages
- Activities emphasizing student driven learning and developmentally appropriate projects

Sequence

- CWK can provide a customized advisory guide/scope and sequence for grade levels.
- Lessons may be integrated into existing curriculum or used as freestanding lessons.
- The program may be implemented from one semester up to an entire academic year.
- The numbers of character traits taught are determined at the school or classroom level.

PROFESSIONAL DEVELOPMENT

Connect With Kids provides professional development in the following ways:

1. On-site, interactive, hands-on PD Workshops (1-,2-3-hour, or full day sessions)
2. Online, interactive webinars (1- or 2-hour sessions)
3. Customized, job-embedded PD programs
4. Customized mentoring/coaching programs

All programs are supported with subscription to the Connect with Kids website platform, and there is a toll-free number for ongoing technical and pedagogical assistance.

EVALUATION/ASSESSMENT TOOL

In the Middle School/High School Blueprints section, CWK provides MS and HS assessment rubrics for participation in general discussions, participation in discussions of specific text, universal music, and universal visual arts projects.

Rubrics are also provided for the video production lessons and each of the four types of writing. These can be applied to the lessons and activities found on the platform.

COST

CWK licenses products, resources and curricula on an annual recurring basis. The license includes access for teachers, students and parents. Implementation fees are included in the annual license. Professional Development and training are provided for an additional fee. Specific pricing for Louisiana will depend on the scope of the project including the number of schools and/or districts involved and the timeline for the project.

CURRICULUM/PROGRAM: HighScope Educational Approach for Preschool

PUBLISHER/COMPANY: High Scope (www.highscope.org)

TIER/PRIORITY LEVEL: 1, 2, & 3

GRADE LEVEL: Birth to 5 years old

PURCHASING/CONTACT INFO: Marianne McDonnell, 800.587.5639, 734-485-2000 Ext.228, <https://highscope.org/contact-us>, mmcdonnell@HighScope.org

PROGRAM OVERVIEW

Description

The HighScope Curriculum is a comprehensive system of teaching practices and educational structures designed to enhance learning and developmentally appropriate instruction for children from birth through the preschool years. This curriculum integrates academics, social & emotional development, self-regulation, and approaches to learning by offering numerous curriculum content items for teachers to integrate throughout the daily routine. HighScope's consistent daily routine incorporates the unique trademarked process called Plan-Do-Review for support of the development of self-regulation and executive functions, initiative, and independent learning. The daily routine also includes large and small-group times designed to accommodate more teacher initiation and intentional developmental planning.

The HighScope Approach and Curriculum provides strategies, suggestions, resources, and professional learning appropriate for diverse settings, including classrooms with dual language learners (DLLs) and children with special needs. Partnering with families is vital in children's growth and learning and an important component of the HighScope Approach and Curriculum. Family communication is reciprocal and integral to decision making when a Tier 3 behavioral support plan becomes necessary.

Tier 1: Social and emotional learning and well-being is at the center of all aspects of the HighScope Curriculum and Approach. No matter the time of day or the configuration of the group, teachers are trained to use high-quality adult-child interaction strategies that strengthen relationships with children, other staff, families, and administration. These adult-child interaction strategies are integrated throughout the program components and stressed as important and central to all learning domains.

Approaches to learning and self-regulation are integrally related to social and emotional development. The HighScope Curriculum and Approach supports

teachers and children by explicitly focusing on both of these important developmental aspects. The HighScope Curriculum includes a six-step process for conflict resolution used by both adults and children to address conflict between children or with program expectations. Within this six-step process, teachers build children's language skills as they work through the conflict to support children's communication with everyone involved. When teachers are fully trained to implement it with fidelity, the HighScope Curriculum and Approach serves as an appropriate and effective Tier 1 model that offers strong core instruction and support for social and emotional learning, integrated with exciting and engaging cognitive activities.

Tier 2: The HighScope Curriculum provides many resources for teachers to better understand social and emotional development. HighScope offers a teacher resource entitled Me, You, Us that fully explores all aspects of the social/emotional domain. Tier 2 supports encourage the six step conflict resolution process to address children who require extra support, and can be individualized to support children's special circumstances, such as trauma or limited language. Tier 2 also provides teachers with more support for exploring their own feelings and reactions when behavioral challenges occur. Tier 2 encompasses a team approach that promotes positive interactions with the family, the teaching team, and the administrator in determining appropriate practices and strategies to address the specific behavioral needs of individual children.

Tier 3: In the HighScope Approach, Tier 3 supports leverage access to school and community resources to promote the well-being of a child and their family. Continued partnership and goal setting with families on a more frequent basis is advised. In-depth study of antecedents, behaviors, and consequences help the teaching team to more fully understand a child's social/emotional needs and how to provide for their unique circumstances. Referral to outside agencies may be suggested; however the teaching

team partners with the family in their journey to determine appropriate resources. Special accommodations are made for children who require Tier 3 interventions. Such accommodations may include: sensory support, use of visual supports, development of social stories, teacher proximity, avoidance of conditions that exacerbate unwanted behaviors, adjustments in daily routine, and other specific accommodations, as necessary.

Area of Focus

- Active Participatory Learning – Children are actively engaged with adults in constructing knowledge through their natural play and interactions with the environment, events, materials, and other people.
- Positive adult-child interactions focus on relationship building and include a conflict resolution system of strategies.
- Specific curriculum content includes Social & Emotional Development as well as Cognitive domains.

Instructional Methods

- Teachers intentionally plan both experiences and environments to incorporate exploration, language and conversation, manipulation of materials, choices for children, and adults' deliberate use of scaffolding strategies.

Sequence

- Lesson Plans for the First 30 Days is a resource that helps teachers begin implementation of the HighScope approach, daily routine, and teaching strategies.
- The HighScope Approach supports strong implementation and child-centered practices, encouraging teachers to intentionally develop lesson plans with their own classroom in mind, individualizing instruction and scaffolding learning for children at early, middle, and later developmental levels.

PROFESSIONAL DEVELOPMENT

Professional learning for the HighScope Approach can range from 1–20 days of face-to-face training. There are many components of the curriculum available online (see www.HighScope.org). Professional learning consultants engage with program administrators to determine needs and resources and which professional learning arrangement will work best for individual programs/districts.

HighScope also offers a train-the-trainer system to support sustainability and build local capacity. Professional learning is highly recommended for ongoing implementation and fidelity to the model. Coaching can be included in a professional learning plan developed between the program administrators and the HighScope consultation staff.

EVALUATION/ASSESSMENT TOOL

HighScope offers two assessment tools:

1. **The HighScope Program Quality Assessment-Revised (PQA-R).** The PQA-R is a validated rating instrument designed to measure the quality of early childhood programs and identify staff training needs by giving an accurate and authentic picture of a program's strengths and needs for improvement. The instrument may be used by teachers and caregivers as a self-assessment, or by administrators and outside agencies to evaluate individual classrooms and programs on a multitude of quality factors in specific terms that are easily understood. The PQA-R uses a five-point scale to assess factors in the classroom that directly impact children, such as the learning environment, adult-child interactions, the daily routine, and safety considerations. The assessment also evaluates agency-wide factors that influence the care setting, such as parent involvement and family services, staff qualifications and development, and program management.
2. **The HighScope child assessment, COR Advantage.** COR Advantage is an observation-based, criterion-referenced instrument that provides systematic and authentic assessment of children's knowledge and abilities in all areas of development. COR Advantage assesses children in eight domains with a total of 34 items, plus two English Language Learner items that are optional. The following eight developmental and academic domains are assessed: Approaches to Learning; Social and Emotional Development; Physical Development and Health; Language, Literacy, and Communication; Mathematics; Creative Arts; Science and Technology; and Social Studies. COR Advantage is an individually-administered, observation-based, ongoing assessment in which teachers and caregivers observe and take anecdotal notes, gather additional documentation, score and review the anecdotes for gaps in documentation, generate reports to view growth, use data to plan instruction, and finalize the data at the end of each scoring period.

COST

Costs will vary depending on professional learning and resource materials chosen by the school system based on their unique situations and needs. Some school systems prefer to start small and purchase the basic materials and a few days of training addressing the central approach and a systematic way to get started. Others prefer to set up a long-term plan involving full curriculum training with a path to teacher, and possibly trainer, certification for teacher leaders or administrators. Face-to-face training can be combined with online training to reduce travel costs.

Below are examples of typical costs for various services and resources.

- **One-day Professional Learning on Specific Topic (Social and Emotional Development and/or Conflict Resolution):** \$1900 for 25 participants – additional participants \$50/each (travel expenses additional)
- **Two-day Professional Learning on Specific Topic (Social and Emotional Development and/or Conflict Resolution):** \$1900 × 2 for 25 participants – additional participants \$100/each (travel expenses additional)

Full-scale, in-depth professional learning (onsite or offsite) – leads to HighScope Certification or Accreditation:

- PCC 20-day Preschool Curriculum Course with path to HighScope Certification: \$3,600/ per person
- ITCC 20-day Infant-Toddler Curriculum Course with path to HighScope Certification: \$3,000/per person
- TOT 15-day Train-the-Trainer Course with path to HighScope Trainer Certification: \$4,500/per person

Additional coaching fees to support social and emotional development and/or conflict resolution implementation: Negotiable, based on dosage, frequency, and scale of program.

Resources/materials needed for beginning level implementation of full Curriculum with a focus on social and emotional development and conflict resolution:

- *Lesson Plans for the First 30 Days:* \$34.95/classroom
- *Essentials of Active Learning in Preschool:* \$30.00/classroom
- *Me, You, Us:* \$25.95/classroom
- Conflict Resolution Poster: \$6.95/classroom
- *"I Want all the Turns":* Supporting Children in Resolving Problems and Conflicts (DVD): \$95.00
- *"It's Mine! Responding to Problems and Conflicts"* (DVD): \$36.95

Additional resources/materials needed for intermediate level implementation:

- *You Can't Come to my Birthday Party:* \$35.00/classroom
- *You're Not My Friend Anymore:* \$15.95/classroom

Additional resources/materials needed for advanced level implementation:

- HighScope Curriculum Set: \$189.95/classroom

Online Courses: Depending on the topic, HighScope online courses range from \$75/per person to \$350/per person. Price depends on length of course, course content, and amount of interaction with the online facilitator. HighScope offers additional materials and DVDs for self-study. See the HighScope website:

www.highscope.org

CURRICULUM/PROGRAM: I Can Problem Solve (ICPS)

PUBLISHER/COMPANY: Research Press (<https://www.researchpress.com/>)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Children ages 4-12

PURCHASING/CONTACT INFO: Stephanie Colvin-Roy, 717-763-1661, ext. 209,
<http://www.icanproblemsolve.info>, sroy@csiu.org

PROGRAM OVERVIEW

Description

I Can Problem Solve (ICPS) is an evidence-based universal school-based social and emotional learning program that focuses on enhancing the interpersonal cognitive processes and problem-solving skills of children ages 4-12. The ICPS program teaches students how to generate alternative solutions, anticipate consequences, and effectively solve problems. It is designed for use in prekindergarten through the elementary grades and is divided into three sets of lessons for prekindergarten (59 lessons), kindergarten and primary grades (83 lessons), and intermediate elementary grades (77 lessons). ICPS consists of three age-specific programs: preschool (59 lessons), kindergarten and primary school (83 lessons), and intermediate elementary school (77 lessons). Lessons are 20 minutes in duration and taught 3-5 times per week over the course of the academic year or adapted to out of school settings.

ICPS is a culturally inclusive primary prevention program for schools which offers practical skills for helping children learn how to solve everyday conflicts, the conceptual framework being that ICPS skill guide behavior. ICPS utilizes games, stories, puppets, illustrations, and role-plays to help children acquire core components of a problem solving vocabulary, and age-appropriate interpersonal thinking skills such as, how to: a) identify a problem, b) appreciate one's own and other's feelings, c) think of alternative solutions to interpersonal problems, and d) think of potential consequences to acts. At age 8, children learn how to plan sequenced steps toward a goal, recognize potential obstacles, and appreciate that problem-solving takes time. Additionally, the ICPS curriculum includes suggestions for integration of: a) interpersonal problem-solving concepts into academic curriculum, and b) applications to help children use acquired skills in real life (called "ICPS Dialoguing"). A key principal of the program is that the child, not the educator, must solve the problem.

Area of Focus

- Enhancing the interpersonal cognitive processes and problem-solving skills of children ages 4-12

Instructional Methods

- Discussion
- Visual displays
- Role-play games

Sequence

- Contains 5-83 lessons
- Depending on grade level, designed to be delivered 3-5x per week over 3-5 over the course of an academic year or adapted to out of school settings for an average of 20 minutes per session

PROFESSIONAL DEVELOPMENT

I Can Problem Solve (ICPS) provides two trainings: Implementation Training (2 days) and Training of Trainers (3 days). The implementation session will provide an overview of concepts and pedagogical strategies involved in implementing the ICPS Program. Participants for the Training of Trainers will be able to apply ICPS concept and strategies in order to provide training and coaching to staff within their organizations once the initial two days of training and a third (in-person or virtual) day of training has occurred. Day 3 of ICPS Training Of Trainers will review and further explore concepts and pedagogical strategies involved in implementing and training in the ICPS Program.

EVALUATION/ASSESSMENT TOOL

ICPS Training participants are provided with pre/post assessments for teachers implementing the program to determine their sense of domain and student specific self-efficacy. Additionally, student behavior rating pre/post assessments are provided.

The ICPS program can be paired with other assessments which measure improved acquisition of pro-social skills and reductions in at-risk behavior.

COST

2018-2019 Pricing

- The base price for ICPS Implementation (2 day training) is \$3000.00+ travel and expenses (curriculum purchased separately from Research Press www.researchpress.com)
- The base price for ICPS Training of Trainers (3 days: 2 on-site, 1 day to be delivered virtually or on-site) is \$4500.00 + travel and expenses (ICPS curriculum purchased separately from Research Press, ICPS TOT Facilitator Guide purchased separately from Center for Schools and Communities)

Consultation and professional development rates vary: contact www.icanproblemsolve.info.

CURRICULUM/PROGRAM: INSIGHTS into Children's Temperament: INSIGHTS for Children Program

PUBLISHER/COMPANY: INSIGHTS Intervention, LLC (<http://insightsintervention.com/>)

TIER/PRIORITY LEVEL: Tier 1 with Tier 2 elements for children with classroom behavior problems Attention Deficit Hyperactivity Disorder (ADHD, disruptive or shy behavior)

GRADE LEVEL: Kindergarten–2nd Grade

PURCHASING/CONTACT INFO: Sandee McClowry or Heather Nunes, drmcclowry@insightsintervention.com or hnunes@insightsintervention.com, 203-546-7276 or 203-313-5086, <https://insightsintervention.com/>

PROGRAM OVERVIEW

Description

INSIGHTS into Children's Temperament is a comprehensive evidence-based intervention that enhances the social-emotional development and academic learning of children and the behavior management skills of their teachers and parents. The intervention includes *INSIGHTS for Elementary School Personnel* (i.e., teachers, school counselors, psychologists, school nurses, and administrators) and *INSIGHTS for Children Program*, which teach school personnel how to use the curriculum materials with pre-kindergarten to second grade students. There is a third program, *INSIGHTS for Parents*, which can be purchased and used in combination with the programs for both children and staff.

The lessons work synergistically to build awareness of how children's individual temperaments impact the ways they respond to everyday situations. Adults learn how to match behavioral strategies to a child's particular temperament. Lessons are also provided to help adults foster competencies in children and strengthen their own social-emotional development. Children also benefit from understanding that individuals differ in their reaction to daily life situations due to their temperaments.

Area of Focus

- Empathy
- Children's self-regulation

Instructional Methods

- Puppets with different temperaments
- Interactive activities
- Curriculum materials

Sequence

- 10 weekly 30 minute sessions with practice activities during the week

PROFESSIONAL DEVELOPMENT

The professional development model for *INSIGHTS* is offered in two formats.

- The original format is a ten-session curriculum held in weekly two-hour sessions.
- Professional development can also be offered over two full days.
- Professional learning sessions include didactic content, videotaped vignettes, role playing, discussion, and assignments. Teachers then have access to an online school-age temperament inventory, video content, and a variety of instructional handouts for teachers.
- Other implementation supports include coaching on-site or remotely, additional training sessions for teachers, and review and feedback of teachers' videotaped sessions by *INSIGHTS*' staff.

EVALUATION/ASSESSMENT TOOL

INSIGHTS does not currently have a resource to be used by schools for assessment or evaluation.

COST

Please note that the cost will increase or decrease depending on the number of actual participants.

Insights for Children - 25 Participants

- **Labor Costs:** Developer and an Assistant Facilitator - \$2800.00 per day plus travel costs = \$2800.00 plus travel costs
- **Material Costs:** Kit for Individual Teacher (Manual, DVDs, 4 sets of mitten puppets, workbooks, Dilemma poster, & flash cards) = \$16,250.00 (\$650.00 per teacher)

Additional Optional Classroom Materials

- Set of Four Large Puppets Kindergarten \$1600.00
- Set of Four Large Puppets First Grade \$1600.00
- Set of Small Classroom Puppets (8 sets-each sets contains each of the four puppets, total of 32) \$60.00
- Kindergarten Coloring Books (set of 32) \$300
- First Grade Work Books (set of 32) \$300
- Dilemma Poster \$85
- Story Board Books (4 stories in one book) \$60

Consultation by phone or webinar - \$150.00 per hour

CURRICULUM/PROGRAM: INSIGHTS into Children's Temperament: INSIGHTS for Elementary School Personnel

PUBLISHER/COMPANY: INSIGHTS Intervention, LLC (<http://insightsintervention.com/>)

TIER/PRIORITY LEVEL: Tier 1 with Tier 2 elements for children exhibiting classroom behavior problems

GRADE LEVEL: Kindergarten-2nd Grade

PURCHASING/CONTACT INFO: Sandee McClowry or Heather Nunes, drmcclowry@insightsintervention.com or hnunes@insightsintervention.com, 203-546-7276 or 203-313-5086, <https://insightsintervention.com/>

PROGRAM OVERVIEW

Description

INSIGHTS into Children's Temperament is a comprehensive evidence-based intervention that enhances the social-emotional development and academic learning of children and the behavior management skills of their teachers and parents. The intervention includes *INSIGHTS for Elementary School Personnel* (i.e., teachers, school counselors, psychologists, school nurses, and administrators), and *INSIGHTS for Children Program*, which teach school personnel how to use the curriculum materials with pre-kindergarten to second grade students. There is a third program, *INSIGHTS for Parents*, which can be purchased and used in combination with the programs for both children and staff.

The lessons work synergistically to build awareness of how children's individual temperaments impact the ways they respond to everyday situations. Adults learn how to match behavioral strategies to a child's particular temperament. Lessons are also provided to help adults foster competencies in children and strengthen their own social-emotional development. Children also benefit from understanding that individuals differ in their reaction to daily life situations due to their temperaments.

Area of Focus

- Classroom Management
- Teacher/student relationships
- Student Problem Solving

Instructional Methods

- Interactive activities
- Skills practice
- Role-play

Sequence

- 10 weekly 30 minute sessions with practice activities during the week

PROFESSIONAL DEVELOPMENT

- The professional development program includes didactic content, videotapes, role-playing, discussion, and assignments.
- Participants have access to an online School-Age Temperament Inventory and a variety of instructional handouts that include practical strategies for working effectively with children.
- Participants are given "homework" to apply the strategies they learned in day 1 and to report on their results when they return for day 2.

EVALUATION/ASSESSMENT TOOL

Maintaining fidelity to the program is important in order to achieve the same outcomes as were obtained in the *INSIGHTS* randomized clinical trials. Fidelity training can be evaluated by training community stakeholders or videotaped sessions can be reviewed by the developer's company. Schools are encouraged to partner with the developer to discuss successes and struggles that occur during implementation. Brief check-in questions and standard evaluation forms are provided to school personnel who attend the professional development program.

COST

Please note that the cost will increase or decrease depending on the number of actual participants.

Professional Development - Insights for School Personnel - 25 Participants

- Labor Costs: Developer and an Assistant Facilitator = \$5600.00 plus travel costs (\$2800.00 per day)
- Material Costs Binders: \$750.00 (\$30.00 per person)
- Total Cost: \$6,350.00 plus travel costs

Consultation by phone or webinar - \$150.00 per hour

CURRICULUM/PROGRAM: Leader in Me (<https://www.leaderinme.org>)

PUBLISHER/COMPANY: FranklinCovey (<https://www.franklincovey.com/>)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Kindergarten-12th Grade

PURCHASING/CONTACT INFO: Jason Quinlan, 513-737-9200, jason.quinlan@franklincovey.com

PROGRAM OVERVIEW

Description

Leader in Me is a whole-school transformational model that empowers students, staff, and families with the mindset, knowledge, and skills to be life-ready leaders. Essential to this leadership development is its unique approach to student-led learning and applying effective social and emotional skills in real-life situations. Leader in Me schools accomplish this by incorporating Leadership principles and practices schoolwide, which includes the Leader in Me Framework and The 7 Habits of Highly Effective People schoolwide, which allows schools to build systems that empower students to learn and practice leadership skills—both at school and at home.

Leader in Me is a CASEL-Endorsed Social and Emotional Learning Program (K-6). During the CASEL endorsement process, we had the opportunity to align our leadership approach to SEL development with the SEL Strategies and provide evidence of this alignment through the trainings, practices and other core content available to Leader in Me schools. This process identified clear connections between Leader in Me and 19 of the 22 possible SEL Strategies. Following their review, CASEL determined that the Leader in Me process offers their highest level of support to schools across all five of their recognized settings; classroom, school, family, community, and general.

Area of Focus

- Social-Emotional Learning
- College and Career Readiness
- Bullying
- Equity for All Students
- Resilience Through ACE
- Self-Directed Learning
- Positive and Safe School Culture
- Restorative Practices
- Mental Health
- PBIS
- Teacher Bias
- Celebrating Diversity
- Parent Engagement
- Attendance
- Staff Engagement
- Data-Driven Performance
- ESSA
- Common Core
- Professional Development

Instructional Methods

- Modeling
- Lesson Integration
- Direct-Teach Approaches

Sequence

- Professional Development, Coaching, and Online Resources.

PROFESSIONAL DEVELOPMENT

Staff members receive training and coaching in core paradigms and highly effective practices.

**Each school is assigned a coach that will be working directly with the leadership team and principal throughout our partnership.*

EVALUATION/ASSESSMENT TOOL

Evaluation/Assessment Tool: The Measurable Results Assessment (MRA) is a rigorously developed diagnostic tool for Leader in Me schools.

The MRA Progress Reports help schools:

- identify their strengths and weaknesses
- develop goal-centered improvement plans
- monitor progress toward school improvement targets

COST

This varies vastly based on each school’s unique needs. Prior to formally partnering, FranklinCovey conducts a ‘Needs Assessment’. During this assessment we determine the best training pacing, sequence, cost model, etc. For many schools in turnaround we often recommend additional coaching days to intensify the experience.

Overall cost depends on total student enrollment, number of staff to be trained, number of classrooms and number on their respective leadership teams. This is a 3-4 year process. Below is an approximate cost based on an average size elementary school in Louisiana.

Year 1	\$28-\$40K
Trainings: The 7 Habits of Highly Effective People (2 days – full staff), Launching Leadership (1 day – full staff), Creating Culture (1 day – full staff)	
Year 2	\$18-\$28K
Trainings: Aligning Academics (1 day – full staff)	
Year 3	\$18-\$28K
Trainings: Empowering Instruction (1 day – full staff)	
Year 4+	\$8K
(ongoing)	

CURRICULUM/PROGRAM: Lions Quest

PUBLISHER/COMPANY: Lions Quest (<https://www.lions-quest.org/wp-content/uploads/2015/11/Pricelist2017.pdf>)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Skills for Growing (Pre-Kindergarten–5th Grade), Skills for Adolescence (6th–8th Grade), Skills for Action (9th–12th Grade)

PURCHASING/CONTACT INFO: 1-844-567-8378, <https://www.lions-quest.org>, lionsquest@lionsclubs.org

PROGRAM OVERVIEW

Description

This program seeks to integrate social and emotional learning, character education, drug prevention, bullying prevention, and service learning in an effort to promote lifelong success.

Lessons typically include a connecting activity, practicing activity, applying activity, and then a wrap up. Lessons include four active phases: discovering, connecting, practicing, and applying. Each grade level also includes a unit-long service learning project designed to promote cooperation and provide the opportunity for students to use their skills in the community. Each grade level also includes a unit-long service learning project designed to promote cooperation and provide the opportunity for students the use their skills in the community. Lions Quest for grades 6-8 has been adapted for Out of School Time. There is a community service learning project incorporated into the units.

Area of Focus

- Cognitive Regulation
- Emotional Processes
- Interpersonal Skills
- Character
- Mindset-Service Learning Component

Instructional Methods

- Discussion
- Writing
- Visual displays
- Modeling
- Skills practice

Sequence

- Separate lessons for individual grade levels PreK–8;
- Standard set for grades 9–12
- 36 weeks; 1 lesson per week for 30–40 minutes

PROFESSIONAL DEVELOPMENT

The Lions Quest Core Workshop is a professional learning experience for program implementers that immerses them in a highly interactive, hands-on experience of the program rationale research, framework, components, lesson design and instructional practices and provides opportunities to practice lesson delivery and school-wide implementation element with guidance from an expert trainer. This workshop is for those who will be delivering the program. Individuals who will be supporting the program in the school and community (i.e. district administrators; principals and school administrators; teaching and support staff; parent and community leaders, and Lions Clubs members) are also encouraged to attend the workshop.

Lions Quest recommends sending a minimum implementation team of the principal, all staff teaching the program, and a parent and community representative. Lions Quest offers one and two-day models for core workshops. Topic-Specific Professional Development Workshops are one-day workshops for implementers focused on specific needs and goals. Workshops incorporate research, reinforce skills and strategies, and support best practices. Topics include Adult SEL Strategies, Classroom Discipline, Introduction to Service-Learning, Positive School Climate Strategies, and the ReQuest refresher/follow-up workshop.

EVALUATION/ASSESSMENT TOOL

- Informal, formative teacher observations are included in the materials for each lesson.
- Formal assessment tools are available at PreK–8 levels.

COST

The Lions Quest facilitator's kit costs \$150. Included in this grade-specific kit is:

- Facilitators Guide for each grade level, with six consistent units and vertical skills progression within 36 lesson topics
- Projectables corresponding to specific phases of lesson design
- Student Journal (one sample copy included; additional copies available for purchase)
- Family Connection Worksheets
- Universal Program Guide
- Families as Partners Guide to Parent Meetings
- Training, coaching, and support for district and school leaders, teaching and support staff, parent, and community members.
- Digital Resources Drive

Lions Quest one-day workshops cost \$2700 for up to 40 participants.

Lions Quest two-day workshops cost \$3500 for up to 40 participants.

Custom packages are available for multiple workshops, and for ongoing coaching/support services. Volume discounts on materials purchases may be available for large-scale or school system wide implementation.

CURRICULUM/PROGRAM: Manners of the Heart

PUBLISHER/COMPANY: Manners of the Heart

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Pre-Kindergarten-5th Grade

PURCHASING/CONTACT INFO: Angelle High, ahigh@mannersoftheheart.org, 225-383-3235,
<https://mannersoftheheart.org/>

PROGRAM OVERVIEW

Description

The Manners of the Heart Education curriculum is a comprehensive, developmentally appropriate 23-week curriculum designed to instill pro-social attributes in children through a variety of teaching methods including role-play, journaling, stories, discussion, technology, songs, and games.

Teaching materials include: puppets, grade specific curriculum manuals, student workbooks, Home Connection letters, a subscription to the Manners of the Heart intranet portal, posters, interactive board activities, original animation, song recordings, Merryville graphics, and daily morning announcements.

Area of Focus

- Pro-social attributes
- Empathy
- Positive Relationships

Instructional Methods

- Role-play
- Journaling
- Discussion
- Technology
- Stories
- Songs
- Games

Sequence

- 23 week curriculum introducing a new concept and Heart Attributes for the week.
- Day 1 lesson is 20-minutes, Subsequent Days are 10 minute interactive activities that reinforce the principles.

PROFESSIONAL DEVELOPMENT

Manners of the Heart offers a variety of professional development trainings that can be tailored to the individual needs of a school system and/or school. The Education of the Heart is recommended for a new school implementation. It is recommend all adults on campus, including custodial staff and cafeteria staff, attend the initial training. All Professional Development trainings are conducted at the school or school system facility.

EVALUATION/ASSESSMENT TOOL

At the beginning and end of each school year, each classroom teacher fills out a Classroom Assessment, which describes the social and emotional behavior of the class as a whole. When evaluated and compared, this assessment tool provides evidence for the growth observed in a teacher's classroom over the course of the year while implementing Manners of the Heart.

COST

Pricing Sheet For Materials

- Visual Aids Kit for School\$149.00
- Teacher's Manual (Pre-K thru 3rd grade).....\$39.95
- Teacher's Manual (4th-5th grade).....\$39.95
- Student Workbook (Pre-K thru 3rd grade).....\$3.95
- Student Workbook (4th-5th grade)\$4.95
- Case of classroom books\$125.00

Classroom Kit (Pre-K thru 3rd grade)

- Teacher's Manual
- *Manners At the Table* Puppet Set (3 characters) Apron
- Tote
- Happle Tree Poster
- 45 Happles

8 Characters School Coordinator Kit \$349.00

- Set of Teachers' Manuals/PreK thru 5th grade (7)
- Manners At the Table
- Puppet Set (3 characters) Embroidered Apron
- Embroidered Tote

Visual Aids Kit for School.....\$149.00

- Happle Tree- Large
- 45 Happles
- 8 Characters
- 5 School Posters

Retractable Banner.....\$299.00

School Technology Fee.....\$349.00

- One-Year Subscription

***Raising Respectful Children in a Disrespectful World*.....\$16.99**

- CD set\$9.95
- MP3.....\$9.95

***Raising Unselfish Children in a Self-Absorbed World*\$15.99**

Parenting Book Set- (Both Books).....\$29.99

***Little Patriot With a Big Heart*\$6.99**

Pricing Sheet For Trainings

LOCAL SCHOOLS

- Professional Educator Development (PD).....\$1000
- Professional Parent Workshop (PW).....\$800

NON-LOCAL SCHOOLS

- Professional Educator Development (PD).....\$1800
- Professional Parent Development (PW).....\$1500
- Professional Educator Development/Professional Parent Development Combined.....\$3000

CURRICULUM/PROGRAM: Open Circle

PUBLISHER/COMPANY: Open Circle, a program of Wellesley Centers for Women at Wellesley College
(www.open-circle.org)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Kindergarten–5th Grade with differentiated lessons for each grade

PURCHASING/CONTACT INFO: info@open-circle.org, 781-283-3277, <http://www.open-circle.org/>

PROGRAM OVERVIEW

Description

Open Circle is intended to develop social and emotional skills to build a school community in which students feel safe, cared for and engaged in learning. Lessons are intended to be delivered twice a week during Open Circle Meetings and they include a review, introduction to content, and opportunities to practice and apply concepts and skills. Open Circle is intended to be used as a whole-school approach and for all stakeholders to model and reinforce pro-social skills. There is an option to purchase kits that focus on family engagement that includes take home activities.

Area of Focus

- Recognizing and managing emotions
- Empathy
- Positive relationships
- Problem solving

Instructional Methods

- Discussion
- Visual displays
- Skill practice

Sequence

- Year-long with 32 lessons included
- 2 lessons per week lasting approximately 15 min

PROFESSIONAL DEVELOPMENT

Teachers are required to attend the Classroom Teacher Program (3 day training). The first two days of training are held back-to-back dates, followed by day 3 being held several months after Open Circle is implemented in the classroom. In addition to in-person training, participants must complete 3 eLearning modules. Also available is Administrator Webinars, Specialist and Support Staff Training, Coach Training, Implementation Counseling, Leading Together®, and Family Workshop.

EVALUATION/ASSESSMENT TOOL

Open Circle collects feedback from every individual attending a program. Each evaluation is reviewed and any issues are addressed by the Program Team. The program maintains a working relationship with schools/districts that have implemented Open Circle and place emphasis in developing a Professional Development plan that will work best with the individual school.

COST

Open Circle works with schools to develop an implementation program that will work within the school/school systems budget. This may vary from full school system implementation, full school implementation, or piloting the program in select grades or teachers.

Open Circle's goal is to provide an achievable curriculum that will proactively develop children's skills for recognizing and managing emotions, empathy, positive relationships and problem solving, delivered through an exceptional professional development experience.

Open Circle requires professional development with the sale of the curriculum. This method provides teachers with the facilitation skills needed to teach social and emotional skills effectively. When taught with fidelity, research studies have demonstrated that Open Circle's curriculum has a positive impact on students' skills and behavior.

- Classroom Teacher Program (\$800 – 3 full-days and 3 1-hour eLearning modules)

The following are costs for implementation of Open Circle's "Building" courses. These programs are designed to develop a foundation of Social and Emotional Learning in a school/district:

- Administrator Foundations Webinar (\$150 – 90-minutes)
- Administrator Leadership Webinar (\$250 – 90-minutes)
- Specialist Workshop (\$230 – 1 full-day)

CURRICULUM/PROGRAM: PATHS® (Promoting Alternative Thinking Strategies)

PUBLISHER/COMPANY: Channing Bete Company (<http://www.channing-bete.com/paths>)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Pre-Kindergarten–6th Grade (Grade differentiated lessons Pre-Kindergarten–4th Grade and single set of lessons for grades 5 and 6)

PURCHASING/CONTACT INFO: Seth Ainsworth, 1-888-834-6627 ext. 5412, <http://channing-bete.com/paths>, sainsworth@channing-bete.com

PROGRAM OVERVIEW

Description

Program is intended to reduce aggression and behavior problems by promoting students' development of social emotional competence. Preschool PATHS has a focus on basic social and emotional skills in four domains: 1) friendship and prosocial behavior, 2) emotional knowledge, 3) self-control, and 4) social problem solving. The elementary grades have units that teach students to recognize and label emotional cues, show good manners, turn taking, and creating and sustaining friendships. The fully scripted lessons typically include an introduction and/or review, discussion and/or activity, and a wrap-up. There are optional lessons and supplementary activities that are provided. There is also send-home materials included in PATHS® (R) to help promote consistent use and reinforcement of skills at home. Family/caregiver handouts are included in lessons.

Area of Focus

Grades PK–4

- Self-control
- Emotional Understanding
- Self-esteem
- Relationships
- Interpersonal Problem Solving Skills

Grades 5–6

- Goal Setting
- Organizational Skills
- Friendships
- Empathy

Instructional Methods

- Discussion
- Stories
- Skill practice
- Visual displays
- Role-play

Sequence

- 36–53 lessons provided (1–2 lessons per week)
- Approximately 30 minutes per lesson

PROFESSIONAL DEVELOPMENT

Lessons are scripted and teacher modeling is embedded however the program encourages modifications based on individual teaching practices or unique classroom situations. The program provides suggestions for preparing for lessons, helping students adopt the new skills, and responding to challenging behaviors. It is recommended that teachers implementing the program participate in an informal training prior to implementation and then a subsequent two day workshop. For an additional cost certified trainers are available.

EVALUATION/ASSESSMENT TOOL

A pre-post evaluation tool is provided that allows a teacher or observer to rate students in 3 domains (Aggression/Disruptive Behavior; Concentration/Attention; Social and Emotional Competence), along with instructions for use. The PATHS® program is also compatible with third party SEL assessment tools, such as DESSA.

COST

A grade-specific PATHS Classroom Module is ordered for each participating classroom within each school. Classroom Modules provide a comprehensive set of materials, providing the teacher with the materials needed to implement the program in his or her classroom. Classroom Modules range in price depending on the grade level, beginning between \$439–\$879 each, with quantity-based discounts available. A detailed price quote that is customized to the needs of the school system can be provided, including optional training services from independent training providers.

CURRICULUM/PROGRAM: PeaceBuilders

PUBLISHER/COMPANY: Peace Builders (<http://www.peacebuilders.com/>)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Kindergarten–5th Grade

PURCHASING/CONTACT INFO: support@peacebuilders.com, 1-877-473-2236, <http://www.peacebuilders.com/contactUs/contactUs.php>

PROGRAM OVERVIEW

Description

PeaceBuilders is a school-wide violence prevention program that attempts to create positive school climate by developing positive relationships between students and staff. The program introduces a common language to the school community centered on six principles which are 1) praise people, 2) avoid put-downs, 3) seek wise people as advisers and friends 4) notice and correct hurts we cause, 5) right wrongs, and 6) help others. Activities to encourage these peacebuilding behaviors are woven into the school's every day practices and are reinforced by all school personnel. Principles are prominently displayed throughout the schools and daily rituals are encouraged to create a sense of belonging and environmental prompts for good behavior. Common language and tools such as praise notes and peace feet are used throughout the school day and in all environments.

Area of Focus

- Social Competence,
- Prosocial Behaviors
- Aggression Reduction

Instructional Methods

- Didactic instruction
- Skill practice

Sequence

- Implemented throughout the day and in all school environments

PROFESSIONAL DEVELOPMENT

1st Trimester, staff will be trained and begin implementation of the PeaceBuilders curriculum.

- A four-hour on-site training on the basic PeaceBuilders model is offered to all certificated and classified staff on campus.
- A two-hour implementation meeting with your PeaceBuilders planning committee or coordinator facilitated by a PeacePartners representative.

2nd Trimester, coaching and implementation begin.

- PeacePartners also offers access to a Wise Person via phone or email to help coach each site. This continues throughout the year, for up to ten hours (per site) for the first year.
- Each site begins by setting expectations and norms for a positive culture by introducing youth to the six PeaceBuilders principles. This is followed by focusing individually on each of the six principles in monthly installments.
- An abbreviated version of the month-to-month implementation is provided by PeacePartners.

3rd Trimester, daily implementation plan continues.

- Coaching continues.
- Month-to-month implementation continues.
- Included with the curriculum are black-line masters, supplemental activities and translated materials available online at the PeaceBuilders website.

Options to Ensure Success of PeaceBuilders in Subsequent Years: (Also available during the first year of implementation)

- **Parent Workshops:** PeaceBuilders Parent workshops are designed to teach parents' techniques to create a peaceful home and a positive learning experience for their child. Parent workshops are a perfect way to develop parental involvement with the site and to increase the use of the PeaceBuilders common language at school, home and throughout the community.
- **New Activities and Solution Building Workshops:** This three hour workshop is designed to offer current sites solution building strategies that address any challenges the site is experiencing along with new activities to enhance the program. The workshop is customized to meet the site's needs, invigorate the staff and jumpstart the program.
- **New Activities Workshops:** This two hour workshop will offer staff members new ideas and activities to refresh and rejuvenate the PeaceBuilders program. This is ideal for sites that have been using the program for a while and are ready for some new and inspirational ideas.
- **PeaceCoach Workshops:** This three hour workshop trains young PeaceBuilders, 10 years old and above, to be leaders and role models at the program site and in the community. They will explore the PeaceBuilders principles from a leadership perspective and enjoy hands on practice to put those principles into action in the form of activities they can recreate with youth groups at participating sites. One adult, from the participating site, must be present for every twenty youth trained. To accommodate site needs, the workshop is provided in either a two and three hour session.

EVALUATION/ASSESSMENT TOOL

Peacebuilders does not provide a formal evaluation or assessment at this time.

COST

PeacePartners' goal is to create a custom implementation plan for each of their partners. Actual costs vary, based on site-specific factors, such as:

- Number and age of kids served
- Curriculum needs and implementation tools selected
- Size of staff and staff development arrangements preferred
- Number of sites

The all-inclusive pricing including site license, curriculum and professional development training factors to less than \$200 per adult trained. Each site pays one initial lifetime site license fee and there are no annual site license renewal fees.

CURRICULUM/PROGRAM: Positive Action

PUBLISHER/COMPANY: Positive Action, Inc. (<https://www.positiveaction.net/>)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Pre-Kindergarten-12th Grade (Separate lessons for PreK-8th and 4 themed kits for grades 9-12)

PURCHASING/CONTACT INFO: Yessica O'Connor, 208-732-1134 or toll-free 1-800-345-2974 ext.134,
<https://www.positiveaction.net/>, yessica.occonnor@positiveaction.net

PROGRAM OVERVIEW

Description

This is a program that emphasizes the links between thoughts, actions, and feelings to promote positive self-concept alongside character development and social emotional learning. The program emphasizes skills for setting and achieving goals in addition to social skills, character development, and mental health. All content for the program is founded in the philosophy that you feel good about yourself when you do positive actions and there is a positive way to do everything.

Area of Focus

- Self-concept
- Managing Self Responsibly
- Getting Along

Instructional Methods

- Discussion
- Visual displays
- Handouts
- Didactic instruction
- Includes a PreK-12 curriculum with scripted lessons and kits for each grade level. The kits are age-appropriate and have all the materials to teach each lesson, including posters, puppets, music, games and other hands-on materials integrated into them.

Sequence

- 35 weeks; 4 lessons per week; approximately 15 minutes per session

PROFESSIONAL DEVELOPMENT

The program offers training that covers the PreK-12 curriculum that is optional but recommended for larger, school system wide implementation. The training is offered in two formats (live online webinar or on site). The lessons are scripted and there is an accompanying website that provides guidance at each stage of implementation.

EVALUATION/ASSESSMENT TOOL

Positive Action does not offer a formal evaluation or assessment method at this time.

COST

The cost of implementing Positive Action is based per classroom. There is a specific kit for each grade level and materials are provided for 30 students per classroom. There are materials that are consumed each school year that need to be replenished. A refresher kit includes all the materials needed for another year. The prices per grade level are listed below.

The cost for training depends on the format and intensity of the training plan. An on-site training session is \$3,000 a day, plus travel and per diem expenses. A webinar training session is \$550 for the first two hours and \$300 for each additional hour.

Standard Material Prices by Kit

• Pre-Kindergarten Kit	\$400
• Pre-Kindergarten Refresher Kit	\$100
• Kindergarten Kit	\$450
• Kindergarten Refresher Kit	\$150
• Grade 1 Kit	\$400
• Grade 1 Refresher Kit	\$150
• Grade 2 Kit	\$400
• Grade 2 Refresher Kit	\$150
• Grade 3 Kit	\$400
• Grade 3 Refresher Kit	\$150
• Grade 4 Kit	\$400
• Grade 4 Refresher Kit	\$150
• Grade 5 Kit	\$400
• Grade 5 Refresher Kit	\$150
• Grade 6 Kit	\$400
• Grade 6 Refresher Kit	\$150
• Grade 7 Kit	\$450
• Grade 7 Refresher Kit	\$175
• Grade 8 Kit	\$450
• Grade 8 Refresher Kit	\$175
• High School 1 Kit	\$500
• High School 1 Refresher Kit	\$150
• High School 2 Kit	\$525
• High School 2 Refresher Kit	\$125
• High School 3 Kit	\$500

• High School 3 Refresher Kit	\$150
• High School 4 Kit	\$550
• High School 4 Refresher Kit	\$225
• Elementary Climate Kit	\$500
• Elementary Climate Refresher Kit	\$350
• Elementary Climate Materials	\$20
• Secondary Climate Kit	\$450
• Secondary Climate Refresher Kit	\$175

CURRICULUM/PROGRAM: RULER

PUBLISHER/COMPANY: Yale Center for Emotional Intelligence (<http://ei.yale.edu/>)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Pre-Kindergarten-12th Grade (Separate lessons for PreK, K-2, 3-5, 6-8, and 9-12)

PURCHASING/CONTACT INFO: <http://ei.yale.edu/who-we-are/contact-us/>, <http://ei.yale.edu/ruler/>, rulertraining@yale.edu

PROGRAM OVERVIEW

Description

RULER is an evidence-based approach for integrating social and emotional learning into schools, developed at the Yale Center for Emotional Intelligence. The name RULER, also is an acronym for the five skills of emotional intelligence:

- Recognizing emotions in oneself and others through face, body, voice, and behavior
- Understanding the causes and consequences of emotions in oneself and others
- Labeling emotions with accurate words from a nuanced vocabulary
- Expressing emotions differently depending on context, situational expectations, and culture
- Regulating emotions with effective strategies and supporting others in their regulation of emotion.

RULER simultaneously (1) enhances the emotional skills of students and the adult involved in their education and (2) creates and sustains positive emotional climates for teaching and learning. Core components of the approach involve (a) preparing adults to model and support emotional intelligence skills in everyday interactions amongst staff and with families and students, (b) classroom-based lessons that explicitly teach emotional intelligence skills, and (c) tools to support learning and continued development of adult and student emotional intelligence skills.

Area of Focus

- Recognizing emotions in self and others
- Understanding causes of emotions
- Labeling emotions
- Expressing emotions appropriately
- Regulating emotions

Instructional Methods

- Discussion
- Visual displays
- Writing
- Didactic
- Instruction
- Stories

Sequence

- **Anchors of Emotional Intelligence:** 16 lessons integrated with practice throughout the year
- **Feeling Words Curriculum:** 5 lessons per week; approximately 20 minutes

PROFESSIONAL DEVELOPMENT

RULER training and implementation include staff personal and professional learning, classroom instruction, and family engagement and education. First, a small team from each school (RULER Implementation Team) attends a two-day institute. Over time, with coaching support and online resources, all school and school system staff learns about RULER principles and tools and participate in skill-building activities so that they can be role models and the best possible implementers of RULER for students and families. Trainings are held at Yale University in New Haven, Connecticut throughout the year. Regional trainings also are offered if 25 or more schools within a school system or region show interest in adopting RULER.

EVALUATION/ASSESSMENT TOOL

RULER provides guidance and examples for formative assessments of social and emotional skill development. RULER Implementation Teams at each school also conceptualize their own methods of assessing implementation fidelity by utilizing the SMART Framework (Specific, Measurable, Achievable, Relevant, and Timely) and are encouraged to incorporate RULER evaluation into their existing student and staff assessment framework.

COST

\$6,000 per 3-person school team (at least one administrator and one educator or mental health professional) to attend the 2-day training institute as well as four one-hour coaching sessions per school and access to the online platform (courses, student lessons, family engagement tools, and implementation resources) for the entire staff and faculty from the school.

CURRICULUM/PROGRAM: Sanford Harmony

PUBLISHER/COMPANY: National University Sanford Educational Programs (<https://www.sanfordharmony.org/>)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Pre-Kindergarten–6th grade

PURCHASING/CONTACT INFO: John Pickens III, 407-697-4253, <https://www.sanfordharmony.org/>, jpickens@nu.edu

PROGRAM OVERVIEW

Description

This program is designed to be a skills promotion program utilizing free standing lessons to promote social and emotional learning. The program has five units: diversity and inclusion, empathy and critical thinking, communication, problems solving, and peer relationships. Sanford Harmony also integrates two specific teaching practices throughout the curriculum known as “Meet Up” and “Buddy Up” that are core strategies for fostering community. The “Meet Up” strategy involves students and teachers meeting in a circle to greet each other, share ideas, and participate in team building activities utilizing Harmony Quick Connection cards that are part of the program. During “Buddy Up” students are matched in peer buddy pairs that bring together diverse pairs that may not have otherwise had an opportunity to work together.

Area of Focus

- Collaboration
- Prosocial Behavior

Instructional Methods

- Skill instruction
- Stories
- Games
- Role-play
- Discussions
- Small group
- Partner

Sequence

- Five units consisting of approximately 20 lessons

PROFESSIONAL DEVELOPMENT

This program has a flexible training model. Training can be completed in person, on or off site and usually takes approximately a half day. Online training is available as a group or individual option with a virtual trainer. An Implementation and Training Roadmap is provided that is structured around steps for sustainability focusing on creation of a leadership team, establishing goals for the program, and supporting teacher-leaders. In addition, there is an online Ambassador program that assists schools with implementation by hosting webinars and coaching based on district feedback.

EVALUATION/ASSESSMENT TOOL

Evaluations conducted on the Sanford Harmony social emotional learning program provide valuable insights into multiple aspects of program delivery, including student feedback, reactions, and preferences of the material, training of teachers, professional development resources offered, use of technology, and fidelity of implementation. According to a recent study by John Hopkins University (Morrison, et al., 2017), the Sanford Harmony program is easy for teachers to implement because the structures and lesson design allow for flexibility in how they facilitate the programs in their classrooms. Sanford Harmony is also easy to integrate with schools’ and teachers’ existing practices and programs, such as restorative practices and PBIS. The findings from evaluations also demonstrate that teachers are able to reach the goal of building relationships in their classrooms in a manner that aligns to their specific classroom needs and environment.

COST

The Vendor, Sanford Harmony at National University, will provide all program materials and professional development services at No-Cost to grades Pre-K–6th in School Systems. In addition, Sanford Harmony will cover all travel expenses for trainers, and there will be no reimbursements for travel. Delivery schedule is within 7-10 days of ordering materials.

Program Costs (Including No-Cost for shipping and handling)

1. PreK-6th grade Sanford Harmony is provided at No-Cost for the life of the contract.
2. There are no reoccurring costs for Sanford Harmony materials and professional development services for the life of the contract.
3. All professional development costs are provided at no charge for the life of the contract.
 - a. On-site professional development is provided at no charge for the life of the contract.
 - b. Virtual online professional development is provided at no charge for the life of the contract.
 - c. Other on-going coaching, webinars, teacher surveys are provided at no charge.
4. Shipping and handling All shipping costs for Sanford Harmony kits are provided at no charge for the life of the contract.

Harmony is supported by philanthropist T. Denny Sanford and facilitated by National University, the largest, private nonprofit institution of higher education in San Diego.

CURRICULUM/PROGRAM: Second Step Program for Social-Emotional Learning (www.secondstep.org)

PUBLISHER/COMPANY: Committee for Children (<http://www.cfchildren.org>)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Pre-Kindergarten through 8th Grade

PURCHASING/CONTACT INFO: Jennifer Sanderlin, 1-800-634-4449 ext. 6522, <http://www.cfchildren.org>, jsanderlin@cfchildren.org

PROGRAM OVERVIEW

Description

The Second Step program is a social-emotional learning curriculum for Pre K through Grade 8, focused on promoting self-regulation through the development of executive functions and emotion management skills, and social-emotional competence. All Second Step materials are developed by highly experienced educational design experts. They are developmentally appropriate, employ effective pedagogy, and are based on current research in effective content and teaching practice. Lessons are rigorously developed and pilot-tested in classrooms at all targeted grade levels. Student lessons are differentiated by grade and developmental level and are designed to be taught in a Tier 1 classroom setting.

Area of Focus

PreK-Grade 5

- Skills for Learning
- Empathy
- Emotion Management
- Problem Solving Skills
- Also includes Transitioning to Kindergarten unit

Middle School Program

- Mindsets and Goals
- Values and Friendship (Grades 6 & 7)
- Values and Relationships (Grade 8)
- Thoughts
- Emotions and Decisions
- Serious Peer Conflicts

Instructional Methods

- Direct instruction
- Skill practice through games
- Discussion
- Role-play
- Songs
- Other activities

Sequence

- **PreK:** 28 Weekly Themes, each with 5-7 minute daily scripted activities
- **Kindergarten through Grade 5:** 22-25 weekly scripted lessons per grade, each 20-40 minutes, with 5-10 minute daily reinforcement activities for non-lesson days
- **Middle School (Grades 6-8):** 25-26 lessons per grade delivered digitally, each 20-25 minutes, with advisory activities for reinforcement on non-lesson days

PROFESSIONAL DEVELOPMENT

The Second Step Early Learning program comes with an online Staff Training Toolkit to train teachers to implement the program with fidelity. The toolkit, which is customizable for any individual or group of teachers, includes a Kick-Off Meeting Agenda and PowerPoint; four Check-In Meeting Agendas; and a Wrap-Up Meeting Agenda. The Staff Training Toolkit is available at [SecondStep.org](http://www.secondstep.org) and is included in the purchase price of each kit.

The K-5 Second Step program includes interactive, flexible online training that motivates and prepares teachers and counselors to teach the program with fidelity. Included in the training is a program overview, curriculum exploration, videos and interactive games, interviews with researchers and educators, demonstrations of lessons in the classroom, and discussions of how Second Step skills support academic success. The training is available at www.secondstep.org and is included in the purchase price of each kit.

Online Professional Development is included in the purchase of the Second Step Middle School Program, with opportunities for staff to learn how to use the program, as well as to become familiar with the program content in the context of their own social-emotional competence.

Webinars are available free of charge and are provided by our highly trained Client Relations staff, who work individually with each school system, school, or individual to customize training, whether it be for an introduction to the program or a booster session after implementation has begun. On-site workshops are also offered for school system wide implementation. Workshops are typically three hours in length and available at an additional cost.

The Second Step Program includes implementation training and resources as well as ongoing support and consultation. Each of the grade level programs include training and professional learning resources to equip staff who are teaching the program to be able to most effectively develop students' social and emotional skills.

EVALUATION/ASSESSMENT TOOL

The Second Step SEL Program for PreK through Grade 8 includes formative and summative assessments that allow educators to benchmark student skills and track students' progress acquiring social-emotional skills taught in the program. Additional online surveys, checklists, and guidelines can help with program implementations. For those who want to evaluate their implementation of the Second Step program, there is a Second Step evaluation guides.

COST

Early Learning

- Second Step Early Learning Classroom Kit\$459

Elementary

- Second Step Early Learning – Grade 5 Bundle.....\$2,769
- Second Step K-5 Bundle.....\$2,359
- Second Step K-5 Bundle + Principal Toolkit.....\$2,529
- Second Step Kindergarten Kit\$459
- Second Step Grade 1 Kit\$459
- Second Step Grade 2 Kit.....\$409
- Second Step Grade 3 Kit.....\$409
- Second Step Grade 4 Kit.....\$439

- Second Step Grade 5 Kit.....\$439
- Second Step Principal Toolkit.....\$199

Middle School

- Second Step 1-year Schoolwide License (Grades 6-8)\$2,499
- Second Step 1-year Individual License
(Choice of Grade 6 OR 7 OR 8)\$199
- Second Step 3-year Schoolwide License (Grades 6-8).....\$5,999
- Second Step 3-year Individual License
(Choice of Grade 6 OR 7 OR 8)\$499
- Second Step 5-year Schoolwide License (Grades 6-8)\$7,999
- Second Step 5-year Individual License
(Choice of Grade 6 OR 7 OR 8)\$649

Services

- Online Training and Implementation support and consultation

Optional Professional Development Training

On-Site Workshop Training

Direct Training or Trainer of Trainer (TOT) Model available

On-Site Workshop Training is optional. Workshops are customized and can cover any program or implementation topic. For this additional training, standard pricing is \$3,000 per customized workshop; all costs, including travel, are included in this workshop fee.

Please see table below for On-Site Workshop Training parameters.

CURRICULUM/PROGRAM: SECUR_e

PUBLISHER/COMPANY: Harvard Graduate School of Education, Easel Lab (<https://easel.gse.harvard.edu/secure>)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Pre-Kindergarten–3rd Grade with differentiated lessons for each grade

PURCHASING/CONTACT INFO: Stephanie Jones (617-496-2223), Rebecca Bailey (617-496-4541),
<http://easel.gse.harvard.edu/secure>, easel@gse.harvard.edu

PROGRAM OVERVIEW

Description

SECUR_e is a PreK-3 program that develops the social-emotional and self-regulatory skills that students need to be effective learners. The program includes a set of strategies, routines, and lessons that work together to improve student learning and behavior and build positive classroom and school climate. SECUR_e structures, strategies, and routines are designed to be used by all adults and students throughout the day and across all areas of the school in order to reinforce SECUR_e skills and support a positive, productive, and well-regulated school environment. They include cooperative learning structures, problem-solving and conflict resolution strategies, daily and weekly opportunities to reinforce SECUR_e skills outside of lessons, and more. SECUR_e lessons teach core cognitive, emotion management, and social skills alongside strategies for solving problems and dealing with challenges. Each lesson includes a Brain Game that targets cognitive skills, followed by a warm-up, review, introduction, main activity, skill practice, and brief wrap-up question.

Area of Focus

- Emotional Understanding
- Identification & Expression
- Emotion Regulation
- Empathy
- Reading & Responding to Social Cues
- Social Problem Solving
- Pro-social Behavior

Instructional Methods

- Discussion
- Teacher Choice
- Skill Practice
- Games
- Visual Displays

Sequence

- 6 Units with 36-38 lessons; Delivered once a week lasting 30-60 minutes depending on grade level

PROFESSIONAL DEVELOPMENT

The SECUR_e's Research and Development team delivers on-site trainings to school staff twice a year. Schools are also provided with materials for school personnel to facilitate 10 informal workshops throughout the school year, including detailed agendas, presentations and videos, facilitator notes, training activities, and participant handouts. Workshops are organized around six topics, including daily classroom routines, promoting positive behaviors, executive function and brain development, cool down strategies for adults, parent and family partnerships, and supporting student transitions.

EVALUATION/ASSESSMENT TOOL

The program uses training evaluations (teacher surveys), focus groups, and other opportunities for feedback to improve teacher professional development and supports.

COST

Program costs vary depending on classroom/district size, location, and other factors or additions.

For more information about the SECUR_e Program or questions about pricing, please contact the EASEL Lab at easel@gse.harvard.edu.

CURRICULUM/PROGRAM: Social Decision Making/Problem Solving Program

PUBLISHER/COMPANY: Behavioral Research and Training Institute at Rutgers published by Research Press
(<https://www.researchpress.com/books/702/social-decision-makingsocial-problem-solving-sdmsps>)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Kindergarten–8th Grade with differentiated lessons for K-1, 2-3, 4-5, and 6-8

PURCHASING/CONTACT INFO: Erin Bruno, 732-235-9276, <http://ubhc.rutgers.edu/sdm/1>

PROGRAM OVERVIEW

Description

The program is designed to help students develop skills in social awareness, self-control, and decision-making. Lesson and program duration is flexible to encourage teachers and staff to spend as much time as needed to ensure students develop and apply skills learned.

Lessons include review of previous topics, introduction, teacher modeling, discussion, skill practice, and a final learning check. The program provides customizable introductory letters to families, take home information sheets or activities as part of some lessons, and a progress note component for grades K-1. The lessons are designed to be implemented and applicable in multiple settings such as Out of School Time and athletic organizations. Schools are also encouraged to purchase the Leader's Guide for Conducting Parent Meetings.

Schools working with the Social Decision Making Program are encouraged to create a strategic implementation plan that would include comprehensive tier one and tier two implementation as well as articulated tier three.

Area of Focus

- Active Listening
- Following Directions
- Identifying Emotions
- Emotion Regulation
- Social problem-solving/decision making
- Teamwork
- Positive Peer Relationships

Instructional Delivery

- Discussion

Sequence

- 30 Lessons per Grade;
Lessons are fully scripted

PROFESSIONAL DEVELOPMENT

It is recommended that teachers, administrators, and support staff participate in 2 days of on-site training. If on-site training is not possible, web-based training can be provided.

While training is important, research has found that the consultation with the strategic implementation plan and ongoing technical assistance is as important. Also recommended is training/programs for parents/caregivers. As well as the leadership group they have staff who would work directly with the school, teachers and or administrators providing on going coaching in the format that meets their needs (zoom, phone, in person).

Besides the coaching as part of the curriculum there is an opportunity for teachers to reflect and give feedback at the end of the lessons. This feedback will discuss what went well and what changes or challenges came up.

As part of the training and consultation, they have a variety of assessments as well as an evidenced based tool to track action planning. They work with the school to identify goals and then work with the school to assess the best way to evaluate and assess the progress of these goals.

Lessons are fully scripted and the program offers a train-the-trainer system to support sustainable implementation.

EVALUATION/ASSESSMENT TOOL

The curriculum provides assessments for both staff and students.

COST

- Company training\$1500
- Curriculum.....\$40/book
- Consultation.....\$125/hour
- Parent Meeting\$450
- Leadership Training.....\$750

The company will work with the school to design a plan that fits all the goals (academic as well as fiscal). For On-site visits and travel would be an added expense.

CURRICULUM/PROGRAM: Steps to Respect - A Bullying Prevention Program

PUBLISHER/COMPANY: Committee for Children (www.cfchildren.org)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Early Learning (Preschool) through Grade 8

PURCHASING/CONTACT INFO: Jennifer Sanderlin, 1-800-634-4449 ext. 6522, www.cfchildren.org,
jsanderlin@cfchildren.org

PROGRAM OVERVIEW

Description

Steps to Respect is designed to decrease school bullying problems by increasing staff awareness and responsiveness, fostering socially responsible beliefs, and teaching social-emotional skills to counter bullying and promote healthy relationships. Program implementation is sequenced in three phases: school administrators reflect on issues with school environment and bullying, all staff in the school are trained, and finally classroom based lessons commence. Ten semi-scripted skill lessons focus on social-emotional skills for positive peer relations, emotion management, and recognizing, refusing and reporting bullying behavior. Upon completion of skill lessons, teachers implement a grade-appropriate literature unit, based on existing children's books, providing further opportunities to explore bullying-related themes. Family handouts are provided for each lesson.

Area of Focus

Early Learning–Grade 5

- Skills for Learning
- Empathy
- Emotion Management
- Problem Solving Skills (Early Learning also includes Transitioning to Kindergarten unit)

Middle School Program

- Mindsets and Goals
- Values and Friendship (Grades 6 & 7)
- Values and Relationships (Grade 8)
- Thoughts, Emotions and Decisions
- Serious Peer Conflicts

Instructional Methods

- Direct instruction
- Skill practice through games, discussion, role-play, songs, and other activities

Sequence

- **Pre-Kindergarten:** 28 Weekly Themes (Each with 5-7 minute daily scripted activities)
- **Kindergarten through Grade 5:** 22-25 weekly scripted lessons per grade (Each 20-40 minutes, with 5-10 minute daily reinforcement activities for non-lesson days)
- **Middle School (Grades 6-8):** 25-26 lessons per grade delivered digitally (Each 20-25 minutes, with advisory activities for reinforcement on non-lesson days)

PROFESSIONAL DEVELOPMENT

The Second Step Early Learning program comes with an online Staff Training Toolkit to train teachers to implement the program with fidelity. The toolkit, which is customizable for any individual or group of teachers, includes a Kick-Off Meeting Agenda and PowerPoint; four Check-In Meeting Agendas; and a Wrap-Up Meeting Agenda. The Staff Training Toolkit is available at SecondStep.org and is included in the purchase price of each kit.

The K-5 Second Step program includes interactive, flexible online training that motivates and prepares teachers and counselors to teach the program with fidelity. Included in the training is a program overview, curriculum exploration, videos and interactive games, interviews with researchers and educators, demonstrations of lessons in the classroom, and discussions of how Second Step skills support academic success. The training is available at SecondStep.org and is included in the purchase price of each kit.

Online Professional Development is included in the purchase of the Second Step Middle School Program, with opportunities for staff to learn how to use the program, as well as to become familiar with the program content in the context of their own social-emotional competence.

Webinars are available free of charge and customizable training, whether it be for an introduction to the program or a booster session after implementation has begun. The program also offers on-site workshops for school system implementation that are available at an additional cost. The Second Step Program includes implementation training and resources as well as ongoing support and consultation. Each of the grade level programs include training and professional learning resources to equip staff who are teaching the program to be able to most effectively develop students' social and emotional skills. . All school staff receive an overview of program goals and key features of the program content. Teachers, counselors and administrators receive additional training in how to coach students involved in bullying.

EVALUATION/ASSESSMENT TOOL

The Second Step SEL Program for Early Learning through Grade 8 includes formative and summative assessments that allow educators to benchmark student skills and track students' progress acquiring social-emotional skills taught in the program. Additional online surveys, checklists, and guidelines can help with program implementations. For those who want to evaluate implementation of the Second Step program, Second Step evaluation guides are provided.

COST

Grade Level Units: \$209 each (\$1,129 for a K-5 bundle). Online Training is free and included with the purchase of the program. Ongoing consultation/training via webinar, phone and email is also free. On-site customized workshops are available at an additional fee to be determined in consultation with Jennifer Sanderlin.

CURRICULUM/PROGRAM: Strong Kids: A Social Emotional Learning Curriculum (2nd Edition)

PUBLISHER/COMPANY: Developed by the Oregon Resiliency Project (www.strongkids.uoregon.edu) and sold through Brookes Publishing (<http://www.brookespublishing.com/>)

TIER/PRIORITY LEVEL: 1, 2, or 3

(All five Strong Starts are designed to be both prevention and early intervention program)

GRADE LEVEL: Pre-Kindergarten (Strong Start), Kindergarten–2nd Grade (Strong Start), 3rd–5th Grades (Strong Kids), 6th–8th Grades (Strong Kids), 9th–12th Grades (Strong Teens)

PURCHASING/CONTACT INFO: Robert Miller, www.strongkidsresources.com, rmiller@brookespublishing.com

PROGRAM OVERVIEW

Description

Strong Kids: A Social and Emotional Learning Curriculum was designed specifically to teach skills that are needed to prevent and intervene with internalizing problems, such as anxiety and depression. The curriculum is comprised of five brief social and emotional learning programs that have been designed with prevention and early intervention in mind. The curriculum is efficient, skill-based, and portable. Lessons include optional scripting and explicit instructions. Each lesson contains an introduction and review of key concepts, a range of examples to define the concept, opportunities for practice of the skill, and independent practice. A focus is on promoting generalization of the skill throughout the school day.

The Strong Start curriculum has two versions available: one for children ages 3-5, and one for children in grades K-2. Strong Start includes 10 lessons, which take approximately 35 minutes per lesson to teach. The lessons are activity-based and utilize popular children's literature to help emphasize main concepts.

The Strong Kids programs are a brief and practical social-emotional learning curricula that were designed for the purpose of teaching social and emotional skills, promoting resilience, strengthening assets, and increasing coping skills of children and early adolescents. Two versions of Strong Kids are available: Strong Kids-Grades 3rd -5th (approximately ages 8-12) and Strong Kids-Grades 6th-8th (approximately ages 12-14). The two Strong Kids programs have a similar curriculum structure. Both include 12 lessons, which take approximately 45 to 55 minutes each to teach.

The Strong Teens curriculum is a brief and practical social-emotional learning program designed for teaching social and emotional skills, promoting resilience, strengthening assets, and increasing coping skills

of high school students, those in grades 9-12, or approximately ages 14-18. Strong Teens includes 12 lessons, which take approximately 45 to 55 minutes each to teach. Structured family newsletters are included at the end of each lesson. They allow for personalization to communicate and inform parents and other family members of the objectives and activities experienced during the lessons.

Brief, optional mindfulness-based practices are available at the start of each lesson. Educator reflections are a part of each lesson to assist the implementer in reflecting upon the content personally to provide a personalized approach to developing competence with the content and aid in implementation delivery. The curriculum is designed to be flexible and adaptable to settings depending on student, classroom, and community demographics. Examples of cultural and other demographic adaptations are included in the materials. Studies have been conducted regarding specific cultural adaptations to Strong Teens.

Area of Focus

- Build emotional awareness of self and others
- Strategies for managing emotions in healthy ways
- Build social skills such as empathy
- Perspective taking
- Conflict resolution
- Stress management

Instructional Methods

- Explicit instruction
- Role play
- Activities

Sequence

- 12 lessons, one lesson per week lasting approximately 45 minutes

PROFESSIONAL DEVELOPMENT

Strong Kids provides a range of professional development tools and services. Professional development includes a two day training for teachers to understand CASEL's five areas of social-emotional competency, how Strong Kids targets the 5 areas of competency, curriculum implementation and routines for fidelity of implementation. Services for the creation and execution of assessment plans and climate surveys are also available.

EVALUATION/ASSESSMENT TOOL

As a service to users of the Strong Kids programs, there are assessment tools for use in measuring students' social-emotional outcomes related to the goals of the Strong Kids programs. There are also fidelity checklists available for each level of the program to monitor fidelity of implementation.

COST

The pricing provided below represents a baseline for unit pricing. Brookes Publishing will work with Louisiana school systems to determine a quote price that reflects the scope of the work to be done for the school system. Professional development pricing does not include travel expenses incurred for face to face training, coaching, or consulting visits.

Curriculum	List Price
• Merrell's Strong Start Pre-K.....	\$42.95
• Merrell's Strong Start K-2.....	\$42.95
• Merrell's Strong Kids 3-5.....	\$42.95
• Merrell's Strong Kids 6-8	\$42.95
• Merrell's Strong Teens 9-12.....	\$42.95

Professional Development

Phase	Description	Unit Type	Price per Unit
1	Needs Assessment - Face to Face Interviews	PD Days	\$3,000.00
1	Needs Assessment - Review of District Documentation	PD Days	\$1,000.00
2	Professional Development Face to Face Kick Off	PD Days	\$3,000.00
3	Monthly Customized Webinars	Webinar	\$500.00
3	Face to Face Check Ins	PD Days	\$3,000.00
4	Wrap Up and Next Steps	PD Days	\$3,000.00

CURRICULUM/PROGRAM: The Incredible Years Series

PUBLISHER/COMPANY: The Incredible Years, Inc.

TIER/PRIORITY LEVEL: 1 and 2

GRADE LEVEL: Pre-Kindergarten-2nd Grade

PURCHASING/CONTACT INFO: incredibleyears@incredibleyears.com, 206-285-7565, www.incredibleyears.com

PROGRAM OVERVIEW

Description

The Incredible Years® Series is a set of interlocking, comprehensive, and developmentally based programs targeting parents, teachers and children. The programs are designed to work jointly to promote emotional, social, and academic competence and to prevent, reduce, and treat behavioral and emotional problems in young children.

In the parent, teacher and child training programs, trained facilitators use video vignettes to structure the content and stimulate group discussions, problem solving and trigger practices related to participants' goals. Group Leaders are encouraged to become certified to promote ongoing fidelity to the program and as a means of receiving extensive feedback. There are programs to train parents, teachers, and children in the Incredible Years series. All address social emotional goals for children. There are two programs that provide social-emotional curricula to work directly with children.

The Classroom Dinosaur Curriculum is designed to be used by teachers as a prevention program for an entire classroom of students. The program includes letters for teachers to send home with suggested activities parents can do with their children to reinforce the classroom learning and promote parent involvement in classroom learning. The program includes lesson plans for 3 levels so that teachers can choose lessons based on children's developmental age (Level 1: ages 3-5, Level 2: ages 5-6, Level 3: ages 7-8). There is a treatment version of the Classroom Dinosaur program: the Small Group Dinosaur program. The Small Group Dinosaur treatment curriculum is for counselors, therapists, or special education teachers to treat children with conduct problems, Attention Deficit Hyperactivity Disorder and internalizing problems.

Area of Focus

- Social and emotional competencies, such as understanding and communicating feelings
- Using effective problem-solving strategies,
- Managing anger
- Practicing friendship and conversational skills, and behaving appropriately in the classroom.

Instructional Methods

- Didactic instruction
- Skill practice
- Puppetry
- Visual aids

Sequence

- The Classroom Dinosaur Curriculum is delivered 2-3 times a week by teachers in the classroom in 20-30 minute circle time lessons, followed by small group practice activities and promotion of skills throughout the school day.
- The Small Group Dinosaur program is delivered in 2-hour weekly small group sessions (6 children per group) for 18-22 weeks. Ideally it is offered in conjunction with the 2-hour weekly parenting program group sessions so parents have an opportunity to foster their children's learning in Dinosaur School in their interactions with them at home.

PROFESSIONAL DEVELOPMENT

Training for teachers focuses on developing classroom management skills and proactive teaching strategies. Training also emphasizes the importance of building positive relationships with students and teaching social skills and problem solving in the classroom.

The training programs that compose Incredible Years® Series are guided by developmental theory on the role of multiple interacting risk and protective factors in the development of conduct problems.

Materials include manuals and video vignettes to aid in implementation. The Incredible Years, Inc. also has a certification process for Group Leaders. Certification maximizes the quality of group leader performance and program delivery fidelity. It is believed that certified leaders implementing the full program will achieve results similar to those in the published literature. It is considered part of the training process as the leader will receive feedback from accredited coaches and mentors on his/her group leadership ability. The certification process involves review of videotaped sessions and review of a portfolio. After certification, accredited group leaders should ideally participate in a fidelity check every 18 months (a coaching session with an accredited Peer Coach, a video review of a group by a Mentor or Trainer from the Incredible Years office, an in-person consultation day, or Skype consultation calls with a certified Mentor.)

EVALUATION/ASSESSMENT TOOL

The website has recommendations for questionnaires that schools can use to assess parent and teacher satisfaction with the program, program adherence, and changes in child behavior and classroom atmosphere. Some of these measures are developed by the Incredible Years and are available to download for free. Other measures are standardized measures developed by other researchers and are available for purchase through the measure's publisher.

<http://www.incredibleyears.com/for-researchers/measures/>

COST

Curriculum

- \$1425.00 per curriculum set for Classroom Dinosaur
- \$1375.00 for Small Group Dinosaur

Shipping and handling additional. Please see order form to calculate shipping charges for order: <http://www.incredibleyears.com/order/>

Necessary supplemental items for each curriculum set:

- Dinosaur Puppet.....\$389.50
- Child Puppet.....\$389.50
- Turtle Puppet\$30.00

Shipping and handling additional. Please see order form to calculate shipping charges for order: <http://www.incredibleyears.com/order/>

Training Costs

- \$1650 per day trainer fee
- \$1650 per day travel day fee (Trainer's travel expenses varies (includes airfare, ground transportation, hotel, meals, incidentals.)

Training books for participants (Incredible Teachers book): \$27.95 (per copy plus shipping and handling)

Consultation Costs

- \$175-\$200 per hour for Phone/Skype consultation by trainer
- \$90 per hour for video reviews by trainer (beyond 2 tapes for certification fee)

Certification Costs

- \$525 Certification fee (includes 2 video reviews)

CURRICULUM/PROGRAM: Too Good for Violence-Social Perspectives (TGFV)

PUBLISHER/COMPANY: Developed by the Mendez Foundation (<https://toogoodprograms.org/>)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Kindergarten-12th Grade

PURCHASING/CONTACT INFO: info@mendezfoundation.org, 1-800-750-0986 x243,
<http://www.toogoodprograms.org/>

PROGRAM OVERVIEW

Description

Too Good for Violence-Social Perspectives is an evidence-based prevention curriculum designed to promote pro-social behaviors among children and adolescents and to mitigate the risk factors and enhance the protective factors related to aggressive behavior. At each grade level, Too Good develops a framework of social and emotional skills that include: Setting Reachable Goals, Making Responsible Decisions, Identifying and Managing Emotions, Effective Communication, and Healthy Bonding with Pro-social Others.

Area of Focus

- Social and emotional skills
- Goal-setting
- Decision-making
- Self-awareness, social awareness
- Conflict resolution
- Anger management in addition to problem solving and respect for self and others.

Instructional Delivery

- Discussion
- Role-play
- Visual displays
- Interactive games through independent, paired, and group activity designs

Sequence

- 7-10 lessons lasting 30-50 minutes per lesson and include 3-4 activities related to the lesson theme

PROFESSIONAL DEVELOPMENT

The program developer recommends a day long Curriculum Training for each facilitator that introduces staff to the program and teaches how to deliver the curriculum. The training can be offered on-site or in flexible open enrollment training. Lessons are fully scripted and role-play scenarios are accompanied by detailed instructions. The program offers a train-the trainer model to support sustainability.

EVALUATION/ASSESSMENT TOOL

Evaluations conducted on the Sanford Harmony social emotional learning program provide valuable insights into multiple aspects of program delivery, including student feedback, reactions, and preferences of the material, training of teachers, professional development resources offered, use of technology, and fidelity of implementation. According to a recent study by John Hopkins University (Morrison, et al., 2017), the Sanford Harmony program is easy for teachers to implement because the structures and lesson design allow for flexibility in how they facilitate the programs in their classrooms. Sanford Harmony is also easy to integrate with schools' and teachers' existing practices and programs, such as restorative practices and PBIS. The findings from evaluations also demonstrate that teachers are able to reach the goal of building relationships in their classrooms in a manner that aligns to their specific classroom needs and environment.

COST

The illustration below assumes 100 students per grade. Materials quoted include 2 Program Kits & 3 additional packs of Student Workbooks per grade. Shipping estimates based on weight and distance of packages to delivery address.

On-Site Curriculum Training

- TGFV K-5 Training (1 Day @ 30 participants max).....\$2,000.00
 - Trainers' Travel Expenses\$500.00

10 Participants Minimum and 30 Participants Maximum

Instructional Materials

Grade K

- TGFV Program Kit (Item #C8000).....\$179.95
- TGFV Student Workbooks - 30 Pack (Item #C8025).....\$39.95

Grade 1

- TGFV Program Kit (Item #C8100).....\$179.95
- TGFV Student Workbooks- 30 Pack (Item #C8125).....\$39.95

Grade 2

- TGFV Program Kit (Item #C8200).....\$179.95
- TGFV Student Workbooks - 30 Pack (Item #C8225).....\$39.95

Grade 3

- TGFV Program Kit (Item #C8350).....\$265.95
- TGFV Student Workbooks - 30 Pack (Item #C8335).....\$39.95

Grade 4

- TGFV Kits (Item #C8450).....\$265.95
- TGFV Student Workbooks - 30 Pack (Item #C8435).....\$39.95

Grade 5

- TGFV Program Kit (Item #C8550).....\$265.95
- TGFV Student Workbooks - 30 Pack (Item #C8535).....\$39.95

Too Good for Violence - Social Perspectives is offered in Grade level kits. Each kit services a class size of 30 and contains the essential components needed for implementation. Additional kit components are available for purchase. Program kits range from \$179.95 to \$265.95. Training available on-site or off-site.

CURRICULUM/PROGRAM: Conscious Discipline-Noncurricular Program

PUBLISHER/COMPANY: Conscious Discipline (<http://consciousdiscipline.com/>)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Overall Program: Pre-Kindergarten-12, Feeling Buddies Curriculum: Pre-Kindergarten-2nd Grade

PURCHASING/CONTACT INFO: Lavonne Joseph, 1-800-842-2846 ext 207, lavonne.joseph@consciousdiscipline.com, Ashley Ragoobir, 1-800-842-2846 ext 203, Ashley.ragoobir@consciousdiscipline.com, <http://consciousdiscipline.com/>

PROGRAM OVERVIEW

Description

Conscious Discipline is an early childhood social emotional learning program that combines social emotional learning with classroom management. The program is designed to help change teacher and child behavior in order to build a classroom culture of safety, connection, and problem-solving. The program consists of a philosophy, common language, and set of behavior management strategies techniques that help adults manage their day-to-day stressors while teaching students how to manage their emotions.

The program has seven sections that are taught through associated structures, rituals, or routines designed to set behavioral expectations, build classroom connectedness, and scaffold social and emotional skill development during teachable moments.

Area of Focus

- Composure
- Encouragement
- Assertiveness
- Choice
- Empathy
- Positive Intent
- Consequences

Instructional Methods

- Songs
- Visual Displays
- Skill Practice
- Role Play

Sequence

- Overall Program is multi-year and ongoing throughout the school day.
- Feeling Buddies Curriculum is 15 weeks with 2 lesson per week lasting (approximately 20 minutes per lesson).

PROFESSIONAL DEVELOPMENT

Trainings and coaching are offered via Skype and Facetime, along with an E-course available on the company website. This 10 session online course will guide you through the core methodology of Conscious Discipline, a leader in brain-based social-emotional learning that's proven to build resilience in children, families, educators, and schools. This self-paced course delivers 10+ hours of experiential learning with lots of digital extras and video FAQs for educators, parents and mental health professionals.

EVALUATION/ASSESSMENT TOOL

Conscious Discipline also includes a progress monitoring rubric that can be used as an informal self-assessment for teachers or a formal staff assessment. There are progress assessment rubrics designed to measure implementation of adults. The Devereux Early Childhood Assessment (DECA) for children aged 2-5 can be purchased as a way to monitor student progress.

COST

The following trainings are provided:

National, State and Local conferences or large groups focusing on a specific topic area. Keynote speakers are Master Instructors or Certified Instructors with a specific specialty area.

- 60-90 minutes
- Cost with travel.....\$3,500
- Cost without travel.....\$2,500

Provides overview of information or first time exposure, or going deeper in general knowledge of Conscious Discipline. Presenters are Master Instructors or highly qualified Certified Instructors.

- 1-2 day training
- Cost with travel.....\$3,970-7,490
- Cost without travel.....\$2,970-5,740

Coaching-1-to-3 training ratio to work on specific skills or challenges within the classroom, or small group CDAT training. This coaching includes administrative staff, teachers, parents or support staff. Coaching Is conducted by a highly trained Certified Instructor or Master Instructor with a specialty in coaching.

- 1-4 day training
- Cost with travel.....\$2,970-9,180
- Cost without travel.....\$1,970-6,680

Virtual Consultation/Coaching

- Schools.....\$225 hour
- Parents.....\$125 hour

CURRICULUM/PROGRAM: Tribes Learning Communities (Tribes) - Noncurricular

PUBLISHER/COMPANY: Tribes Learning Communities (<http://tribes.com/>)

TIER/PRIORITY LEVEL: 1

GRADE LEVEL: Kindergarten-12th Grade

PURCHASING/CONTACT INFO: <http://tribes.com/contact/>, 707-838-1061 or 1-800-810-1701, tribes@tribes.com

PROGRAM OVERVIEW

Description

The intent of Tribes Learning Communities is that all members of the educational community, from school system and school administration to teachers to community members, are engaged in ongoing, goal-oriented collaboration to create supportive environments that encourage positive expectations and active participation from students. The focus is to enhance the sense of community among students both in and outside of school. The goal is to reduce aggression, disruptive behavior, and violence.

The Tribes approach uses four community agreements: attentive listening, appreciation, the right to pass or participate, and mutual respect. A core component of the program is small student groups that work together the entire year and Community Circles that provide opportunities for students to solve classroom problems and build relationships. As the students become better at practicing and honoring the agreements, the teacher then gradually transfers responsibility to the small working groups of students called “tribes” so that they can set goals, solve problems, and achieve success through project based learning. Active learning strategies provide frameworks for both social emotional learning and the integration of academic curriculum.

Area of Focus

- Resiliency
- Self-management
- Relationship Building

Instructional Methods

- Skill practice
- Collaborative learning
- Program materials are in English and Spanish

Sequence

- Teacher implemented classroom practices can be incorporated at a designated time/activity, daily, or integrated wholly throughout the day.

PROFESSIONAL DEVELOPMENT

Initial training for Tribes is typically spread across four days (24 hours of training). Ideally, these four days are consecutive; however, they can be spread across a school year in intervals.

A train the-trainer system to support sustainability is also offered. Subsequent support is provided through communication and support from your trainer, the program website and host blogs, resources, updates, and opportunities to engage with other implementers.

EVALUATION/ASSESSMENT TOOL

Tribes Assessment Kit - The Tribes Assessment Kit will help your Tribes school strengthen its implementation of the process and assess outcomes. The Kit includes four process assessment instruments and complete directions for use throughout classrooms of the school.

COST

Tribes TLC Training is contracted through CenterSource Systems, the home of Tribes Learning Communities.

Contact: tribes@tribes.com or 800-810-1701

Tribes TLC 12-hour trainings cost \$4000* for up to 30 participants. This fee includes 12 hours of training, spread over 2 days, all books and materials, and follow-up support.

Tribes TLC 24-hour trainings cost \$6000* for up to 30 participants. This fee includes 24 hours of training, spread over 4 days, all books and materials, and follow-up support.

**Additional Cost for Trainer Travel, Accommodations, and Related Training Expenses – \$500 to \$1500 per training, depending on location and consecutive vs non-consecutive days.*

See <http://tribes.com/courses/basic/> for more information on pricing.

Books and Materials

For schools that are not yet ready to experience Tribes TLC training, individual educators can purchase the Tribes books (elementary, middle school, or high school level) for \$39.95 per copy. Additional books and materials are available online. Classroom Kits are available for \$65 that include the book, an Energizer Box, and a set of 4 classroom posters. To order, visit <http://tribes.com/store-item-type/classroom-kits/>.

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